The Royal Society of Medicine Geriatric Nephrology Symposium  
Thursday 21st October 2021

**Aim:** To support healthcare professionals to deliver evidence-based care for older people living with chronic kidney disease.

**Overview:**

The inaugural Royal Society of Medicine Geriatric Nephrology Symposium aims to support healthcare professionals to deliver evidence-based care for older people living with advanced chronic kidney disease. Leading academics and healthcare professionals will discuss approaches to care, with an emphasis on what matters most to our patients. Researchers will present their ongoing studies relevant to Geriatric Nephrology and the future evidence needed to inform the care of older people living with CKD.

**Educational Objectives:**

1. Explain the concept of frailty and its relevance for nephrology
2. Describe approaches that services are implementing for older people living with frailty
3. Discuss care priorities for older people living with CKD
4. Describe how to perform a Geriatric Assessment for people living with CKD
5. Discuss the importance of shared decision making with people living with frailty and CKD
6. Identify challenges in providing home dialysis therapies for older people and describe approaches to overcome them
7. Compare types of vascular access, and their associated risks and benefits, in older people living with CKD
8. Discuss the merits of assessing frailty prior to transplantation
9. Describe the COVID-19 vaccine response in older people living with CKD
10. Discuss future research needed to inform care of older people living with CKD

**Key Speakers:**

How Can Specialised Services Improve Care for People Living with Frailty?  
Dr Richard Fluck  
Associate Medical Director  
Specialised Clinical Frailty Programme NHS England  
Consultant Renal Physician and Clinical Co-Chair Internal Medicine  
Royal Derby Hospital

How to Perform a Geriatric Assessment in the Nephrology Clinic  
Prof Rasheeda Hall  
Assistant Professor  
Division of Nephrology, Department of Medicine  
Senior Fellow, Center for the Study of Aging and Human Development  
Duke University School of Medicine
Why Should We Assess Frailty Before Transplantation?
Prof Mara McAdams DeMarco
Director of Clinical and Outcomes Research
Director of Johns Hopkins Surgery Center for Outcomes Research
Associate Professor
Departments of Surgery & Epidemiology
Johns Hopkins University

What Are the Big Unanswered Questions in Geriatric Nephrology?
Prof Ken Farrington
Professor & Associate Dean in Postgraduate Medicine
University of Hertfordshire
Consultant Nephrologist
Lister Hospital
Webinar Programme Template
All speakers and chairs will have to join the practice session 30 minutes before the webinar start time.

09:25: Welcome and Introduction
Dr Andrew Nixon
Renal Medicine & General Internal Medicine Specialist Trainee
Lancashire Teaching Hospitals NHS Foundation Trust

Session 1: Frailty & Nephrology: The Time is Now

Session 1 Chairs
Prof Edwina Brown
Professor of Renal Medicine, Imperial College London
Consultant Nephrologist, Imperial College Renal & Transplant Centre

Dr Henry Wu
NIHR Academic Clinical Fellow in Nephrology
Lancashire Teaching Hospitals NHS Foundation Trust
University of Manchester

09:30: What is Frailty & Why Is It Important for Healthcare Services?
Prof Kenneth Rockwood
Professor of Medicine (Geriatric Medicine & Neurology)
Kathryn Allen Weldon Professor of Alzheimer Research
Dalhousie University
Halifax, NS Canada

09:50: How Can Specialised Services Improve Care for People Living with Frailty?
Dr Richard Fluck
Associate Medical Director, Specialised Clinical Frailty Programme NHS England
Consultant Renal Physician and Clinical Co-Chair Internal Medicine, Royal Derby Hospital

Mr Nathan Hall
Head of Specialised Clinical Frailty Programme
Specialised Commissioning, NHS England and NHS Improvement

10:10: How Can We Deliver CGA for all Older People Living with Frailty in Acute Hospitals?
Prof Simon Conroy
Honorary Professor of Geriatric Medicine, University College London
Clinical Lead, Specialised Clinical Frailty Network

10.30: How Can We Establish Collaborative Models of Care for People Living with Frailty & CKD?
Speaker to be confirmed

10.50: Panel Questions and Answers

11:05: Morning Break

Session 2: Patient-Centred Care: ‘What matters to you?’

Session 2 Chairs

Dr Katie Vinen
Consultant Nephrologist
King’s College Hospital NHS Foundation Trust
UKKA Clinical Vice President

Chair 2 TBD

11.15: Living with Frailty and Chronic Kidney Disease

Mr Andy Henwood
KPIN Co-chair

11:25: What Are the Care Priorities for Older People Living with Frailty and CKD?

Dr Helen Hurst
Consultant Nurse, Older People and Frailty
Manchester University Hospitals NHS Foundation Trust
Honorary Lecturer, University of Manchester and Manchester Metropolitan University

Dr Hannah Young
Specialist Renal Research Physiotherapist, University Hospitals of Leicester NHS Trust
Honorary Lecturer, University of Leicester
NIHR Development and Skills Enhancement Fellow

11:45: How Do You Perform a Geriatric Assessment in the Nephrology Clinic?

Prof Rasheeda Hall
Assistant Professor, Division of Nephrology, Department of Medicine
Senior Fellow, Center for the Study of Aging and Human Development
12:05: Practical Aspects of Shared Decision Making with People Living with Frailty & Chronic Kidney Disease

Dr Andrew Mooney
Consultant Renal Physician and Honorary Clinical Associate Professor
St James's University Hospital

Prof Hilary Bekker
Professor of Medical Decision Making
University of Leeds (UK) and Aarhus University (Denmark)

12:35: Panel Questions and Answers

12.50: Lunch Break

Session 3: Hot Topics in Geriatric Nephrology

Session 3 Chairs

Prof Sandip Mitra
Consultant Nephrologist, Manchester University Hospitals Foundation Trust
Professor of Nephrology, University of Manchester
National Clinical Chair for Renal Services, NHS England

Chair 2 TBD

13:20: Challenges in Providing Home Dialysis Therapies for Older People

Prof Karthik Tennankore
Associate Professor, Departments of Medicine & Surgery
Dalhousie University


Speaker to be confirmed

14:00: Why Should We Assess Frailty Before Transplantation?

Prof Mara McAdams DeMarco
Director of Clinical and Outcomes Research
Director of Johns Hopkins Surgery Center for Outcomes Research
Associate Professor, Departments of Surgery & Epidemiology
Johns Hopkins University

14:20: COVID-19 Vaccine Response in Older People with Advanced Chronic Kidney Disease

Dr Lauren Floyd
Clinical Research Fellow in Renal Medicine
Lancashire Teaching Hospitals NHS Foundation Trust

14:40: Panel Questions and Answers

14:55: Afternoon Break

Session 4: Future Research in Geriatric Nephrology

Session 4 Chairs

Dr Hannah Young
Specialist Renal Research Physiotherapist
University Hospitals of Leicester NHS Trust
Honorary Lecturer
University of Leicester
NIHR Development and Skills Enhancement Fellow

Chair 2 TBD

15:05: Prepare for Kidney Care

Dr Fergus Caskey
Consultant Senior Lecturer
Bristol Medical School

15:20: The FITNESS Study

Dr Adnan Sharif
Consultant Nephrologist & Honorary Reader
Institute of Immunology & Immunotherapy
University of Birmingham

15:35: The UNPACK Study

Dr Barny Hole
NIHR Doctoral Research Fellow
15:50: **Kidney Beam**

Dr Sharlene Greenwood  
President UK Kidney Association  
Consultant Physiotherapist and NIHR Research Fellow  
King’s College Hospital  
Honorary Senior Clinical Lecturer  
King’s College London

Ms Juliet Mayes  
Senior Renal Physiotherapist  
Renal Rehabilitation and Exercise Team  
King’s College Hospital NHS Foundation Trust

16:05: **The SMILE-K Trial**

Dr Courtney Lightfoot  
Research Associate  
Kidney Lifestyle Team  
University of Leicester

16:20: **What Are the Big Unanswered Questions in Geriatric Nephrology?**

Prof Ken Farrington  
Professor & Associate Dean in Postgraduate Medicine  
University of Hertfordshire  
Consultant Nephrologist  
Lister Hospital

16:40: **Questions and Answers**

16:55: **End of Symposium**