

# **The Royal Society of Medicine Geriatric Nephrology Symposium**

## **Thursday 21<sup>st</sup> October 2021**

**Aim:** To support healthcare professionals to deliver evidence-based care for older people living with chronic kidney disease.

### **Overview:**

The inaugural Royal Society of Medicine Geriatric Nephrology Symposium aims to support healthcare professionals to deliver evidence-based care for older people living with advanced chronic kidney disease. Leading academics and healthcare professionals will discuss approaches to care, with an emphasis on what matters most to our patients. Researchers will present their ongoing studies relevant to Geriatric Nephrology and the future evidence needed to inform the care of older people living with CKD.

### **Educational Objectives:**

1. Explain the concept of frailty and its relevance for nephrology
2. Describe approaches that services are implementing for older people living with frailty
3. Discuss care priorities for older people living with CKD
4. Describe how to perform a Geriatric Assessment for people living with CKD
5. Discuss the importance of shared decision making with people living with frailty and CKD
6. Identify challenges in providing home dialysis therapies for older people and describe approaches to overcome them
7. Compare types of vascular access, and their associated risks and benefits, in older people living with CKD
8. Discuss the merits of assessing frailty prior to transplantation
9. Describe the COVID-19 vaccine response in older people living with CKD
10. Discuss future research needed to inform care of older people living with CKD

### **Key Speakers:**

How Can Specialised Services Improve Care for People Living with Frailty?

Dr Richard Fluck

Associate Medical Director

Specialised Clinical Frailty Programme NHS England

Consultant Renal Physician and Clinical Co-Chair Internal Medicine

Royal Derby Hospital

How to Perform a Geriatric Assessment in the Nephrology Clinic

Prof Rasheeda Hall

Assistant Professor

Division of Nephrology, Department of Medicine

Senior Fellow, Center for the Study of Aging and Human Development

Duke University School of Medicine

Why Should We Assess Frailty Before Transplantation?

Prof Mara McAdams DeMarco

Director of Clinical and Outcomes Research

Director of Johns Hopkins Surgery Center for Outcomes Research

Associate Professor

Departments of Surgery & Epidemiology

Johns Hopkins University

What Are the Big Unanswered Questions in Geriatric Nephrology?

Prof Ken Farrington

Professor & Associate Dean in Postgraduate Medicine

University of Hertfordshire

Consultant Nephrologist

Lister Hospital

## **Webinar Programme Template**

All speakers and chairs will have to join the practice session 30 minutes before the webinar start time.

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### ***09:25: Welcome and Introduction***

Dr Andrew Nixon  
Renal Medicine & General Internal Medicine Specialist Trainee  
Lancashire Teaching Hospitals NHS Foundation Trust

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### ***Session 1: Frailty & Nephrology: The Time is Now***

#### *Session 1 Chairs*

Prof Edwina Brown  
Professor of Renal Medicine, Imperial College London  
Consultant Nephrologist, Imperial College Renal & Transplant Centre

Dr Henry Wu  
NIHR Academic Clinical Fellow in Nephrology  
Lancashire Teaching Hospitals NHS Foundation Trust  
University of Manchester

### **09:30: What is Frailty & Why Is It Important for Healthcare Services?**

Prof Kenneth Rockwood  
Professor of Medicine (Geriatric Medicine & Neurology)  
Kathryn Allen Weldon Professor of Alzheimer Research  
Dalhousie University  
Halifax, NS Canada

### **09:50: How Can Specialised Services Improve Care for People Living with Frailty?**

Dr Richard Fluck  
Associate Medical Director, Specialised Clinical Frailty Programme NHS England  
Consultant Renal Physician and Clinical Co-Chair Internal Medicine, Royal Derby Hospital

Mr Nathan Hall  
Head of Specialised Clinical Frailty Programme  
Specialised Commissioning, NHS England and NHS Improvement

### **10:10: How Can We Deliver CGA for all Older People Living with Frailty in Acute Hospitals?**

Prof Simon Conroy  
Honorary Professor of Geriatric Medicine, University College London

Clinical Lead, Specialised Clinical Frailty Network

**10.30: *How Can We Establish Collaborative Models of Care for People Living with Frailty & CKD?***

Speaker to be confirmed

**10.50: Panel Questions and Answers**

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**11:05: Morning Break**

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***Session 2: Patient-Centred Care: 'What matters to you?'***

Session 2 Chairs

Dr Katie Vinen  
Consultant Nephrologist  
King's College Hospital NHS Foundation Trust  
UKKA Clinical Vice President

Chair 2 TBD

**11.15: Living with Frailty and Chronic Kidney Disease**

Mr Andy Henwood  
KPIN Co-chair

**11.25: What Are the Care Priorities for Older People Living with Frailty and CKD?**

Dr Helen Hurst  
Consultant Nurse, Older People and Frailty  
Manchester University Hospitals NHS Foundation Trust  
Honorary Lecturer, University of Manchester and Manchester Metropolitan University

Dr Hannah Young  
Specialist Renal Research Physiotherapist, University Hospitals of Leicester NHS Trust  
Honorary Lecturer, University of Leicester  
NIHR Development and Skills Enhancement Fellow

**11.45: How Do You Perform a Geriatric Assessment in the Nephrology Clinic?**

Prof Rasheeda Hall  
Assistant Professor, Division of Nephrology, Department of Medicine  
Senior Fellow, Center for the Study of Aging and Human Development

Duke University School of Medicine

**12:05: Practical Aspects of Shared Decision Making with People Living with Frailty & Chronic Kidney Disease**

Dr Andrew Mooney

Consultant Renal Physician and Honorary Clinical Associate Professor  
St James's University Hospital

Prof Hilary Bekker

Professor of Medical Decision Making

University of Leeds (UK) and Aarhus University (Denmark)

**12.35: Panel Questions and Answers**

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**12.50: Lunch Break**

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***Session 3: Hot Topics in Geriatric Nephrology***

Session 3 Chairs

Prof Sandip Mitra

Consultant Nephrologist, Manchester University Hospitals Foundation Trust  
Professor of Nephrology, University of Manchester  
National Clinical Chair for Renal Services, NHS England

Chair 2 TBD

**13:20: Challenges in Providing Home Dialysis Therapies for Older People**

Prof Karthik Tennankore

Associate Professor, Departments of Medicine & Surgery  
Dalhousie University

**13.40: *What Vascular Access & Why in Later Life?***

Speaker to be confirmed

**14:00: Why Should We Assess Frailty Before Transplantation?**

Prof Mara McAdams DeMarco

Director of Clinical and Outcomes Research

Director of Johns Hopkins Surgery Center for Outcomes Research

Associate Professor, Departments of Surgery & Epidemiology  
Johns Hopkins University

**14:20: COVID-19 Vaccine Response in Older People with Advanced Chronic Kidney Disease**

Dr Lauren Floyd  
Clinical Research Fellow in Renal Medicine  
Lancashire Teaching Hospitals NHS Foundation Trust

**14:40: Panel Questions and Answers**

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**14:55: Afternoon Break**

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***Session 4: Future Research in Geriatric Nephrology***

Session 4 Chairs

Dr Hannah Young  
Specialist Renal Research Physiotherapist  
University Hospitals of Leicester NHS Trust  
Honorary Lecturer  
University of Leicester  
NIHR Development and Skills Enhancement Fellow

Chair 2 TBD

**15:05: Prepare for Kidney Care**

Dr Fergus Caskey  
Consultant Senior Lecturer  
Bristol Medical School

**15:20: The FITNESS Study**

Dr Adnan Sharif  
Consultant Nephrologist & Honorary Reader  
Institute of Immunology & Immunotherapy  
University of Birmingham

**15:35: The UNPACK Study**

Dr Barny Hole  
NIHR Doctoral Research Fellow

University of Bristol  
@Barnyhole

**15:50: Kidney Beam**

Dr Sharlene Greenwood  
President UK Kidney Association  
Consultant Physiotherapist and NIHR Research Fellow  
King's College Hospital  
Honorary Senior Clinical Lecturer  
King's College London

Ms Juliet Mayes  
Senior Renal Physiotherapist  
Renal Rehabilitation and Exercise Team  
King's College Hospital NHS Foundation Trust

**16:05: The SMILE-K Trial**

Dr Courtney Lightfoot  
Research Associate  
Kidney Lifestyle Team  
University of Leicester

**16:20: What Are the Big Unanswered Questions in Geriatric Nephrology?**

Prof Ken Farrington  
Professor & Associate Dean in Postgraduate Medicine  
University of Hertfordshire  
Consultant Nephrologist  
Lister Hospital

**16:40: Questions and Answers**

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**16:55: End of Symposium**

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