





# The Paediatric KQuIP Network Improve and learn

# Workshop one

Thursday 21st April 10am – 12pm

### Welcome!



As you arrive, please take a 2 minutes to complete a quality improvement skills learning needs assessment

[see link in the chat]

This will help KQuIP tailor the training programme to you and evidence the impact of our training

We will start the session at 10.05 ©

This session is being recorded











### Welcome

Dal Hothi, KQuIP paediatric lead





# Introducing the networks





Haemodialysis



Home Haemodialysis





**Patient** Experience



Transplantation









# Agenda for today

UKKA	UKKA	
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Time	Topic	Speakers				
10 – 10.05	Learning Needs Assessment	N/A				
10.05 - 10.10	Welcome to Improve and Learn	Daljit Hothi, KQuIP lead				
10.10 - 10.15	Meeting the networks	KQuIP programme managers				
10.15 - 10.25	Involving patients and families	Clare Alderson Nottingham - Youth Worker				
10.25 -	What is quality improvement?	KQuIP programme manager				
10.40	Setting the scene and what to expect from the next 12 months					
10.40 -	KQuIP Quality Improvement bite-size training session	KQuIP programme manager				
10.55	Developing an Aim Statement and defining scope					
Comfort break						
11.00 - 11.10	Peer Assist	KQuIP programme manager				
11.10-10.55	Virtual meeting space for project activity Breakout into workstreams to plan actions based on today's learning	Workstream leads				
10.55 - 11.00	Close and next steps	KQuIP programme managers				





# By the end of today you will have:



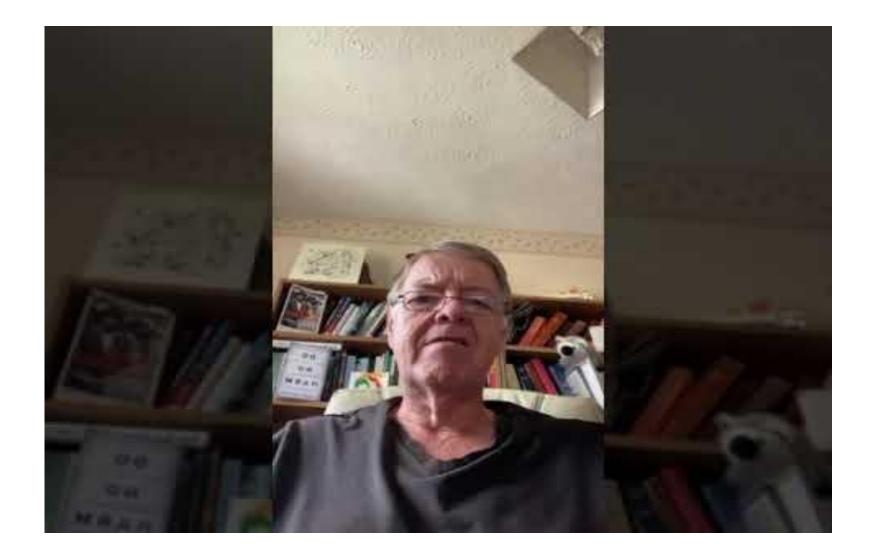
- An understanding of the importance of involving patients and their families in improvements
- An overview of the improve and learn programme
- An idea of how to understand your challenge or problem in order to create your aim
- An understanding of how to develop and aim statement, and scope
- An opportunity to network with each other, to share ideas and learn about using peer assist in future





# Involving patients in improvement













# KQuIP

# Introduction to Quality Improvement

Catherine Stannard
QI Programme Manager



# Wh

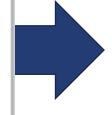
What words come to mind when you hear the phrase "quality improvement"?



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exciting pt experience sharing experiences Inspiring equity mindful better care care/pt Change quality of service getting better care better
```

outcomes better experience experience things better best care Change Improvement

23 responses

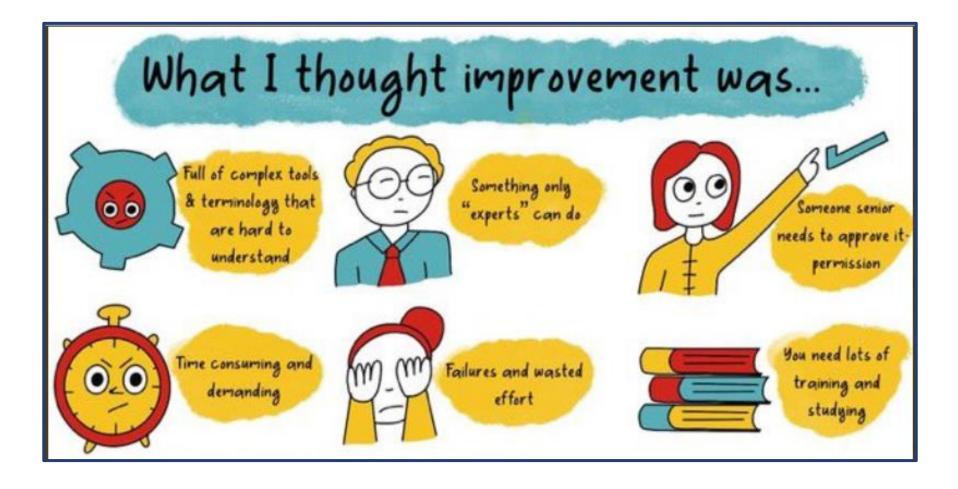






# What do we mean by Quality Improvement?



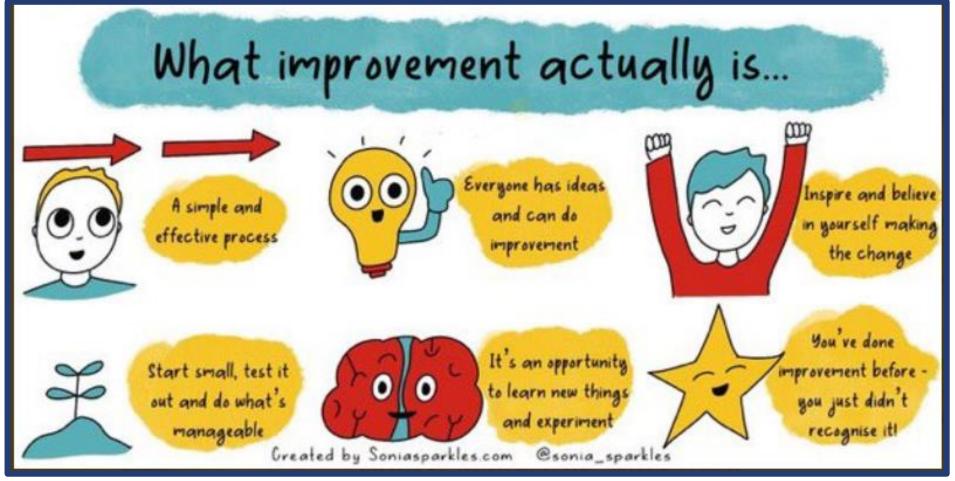






# What do we mean by Quality Improvement?









# What do we mean by Quality Improvement?



- Not about judgement
- If we ask you to share progress, this is not for monitoring / reporting / blaming
- All measurement and sharing of progress is for yourselves and to develop a learning community









"Not all changes lead to improvement, but all improvement requires change"





# Institute for Healthcare Improvement (IHI) Model for Improvement



#### Model for improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?



Framework for developing, testing and implementing changes leading to improvement

PDSA cycles - test out changes on a small scale, building learning

- Low risk, less disruptive
- Must measure the impact
- Did the change lead to improvement?



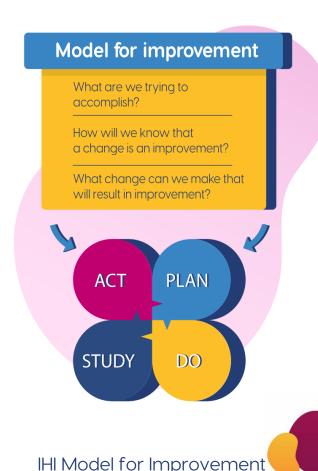


# **KQuIP 10 Steps to improvement**



- 1. Agree an area for improvement
- 2. Involve and assemble your team
- 3. Understand your problem/ system
- 4. Define project aim and scope
- 5. Choose 'just enough' project measures
- 6. Develop change ideas
- 7. Test change ideas (PDSA)
- 8. Measure impact of changes
- 9. Do further testing of change ideas
- 10. Implement successful changes

Share your progress





# **KQuIP Improve and Learn**



Back at local unit

Refine aim

Refine Measure -ment plan

Test change idea/s

TODAY

21st April 10-12

Workshop 1

- Introduction to QI
- Understand your problem/ system

23rd May

3-5

Workshop 2

- Define project aim and scope
- Choose 'just enough' project measures

29<sup>th</sup> June

3-5

Workshop 3

- Develop change ideas
- Test change ideas

13th Sept

10 - 12

workshop 4

- Appreciative Inquiry
- Sustainability

**QI Needs Analysis** 

Training and support: Shape improvement projects using 10 steps to QI

Review



## **KQuIP Improve and Learn**



Back at local unit

Continue testing changes
...

Continue testing changes ...

Gather learning

Publish learning

FACE TO FACE ©

October TBC

Workshop 5

 Sharing improvements/ challenges with a peer assist approach 10<sup>th</sup> November

2-4

Workshop 6

 Sharing improvements/ challenges with a peer assist approach Winter meeting

TBC

Reflection

- Communicate
- Spread
- Sustain

Communicate, spread and sustain

- Sharing of abstracts
- Presentations at annual events

Review

Communicate, spread, share, sustain



# Barriers vs. facilitators to change



What barriers might you or others come across during quality improvement?

How might these be overcome or prevented?

What behaviours should we expect from each other as an improvement network?





What barriers might you or others come across during quality improvement?

poor communication

little time, not a priority for management

Lack of buy in from the senior team

No incentives

Lack of people wanting to change people not wanting to change or try new ideas

Lack of time

lack of engagment

**Time** 

allocation

of time to

complete

pjoject

Too little time

'Changing'

working

others ways of

Time

Lack of time -

make things

bite sized

Lack of resource

Scared of change

**Time** 

Sometimes a lack of QI leadership so that projects are prioritised

no vision

People reluctant to try new things

How might these be overcome or prevented?

Ensure you can report back at meetings

Good

planning

Dedicated sessions and advertisement

Splitting workload of projects

Constant training and teaching

communication, involving the right people Making a time line plan of achievable

tasks

ne

transparent and accountable

to planning

Not being able

to implement

from the top

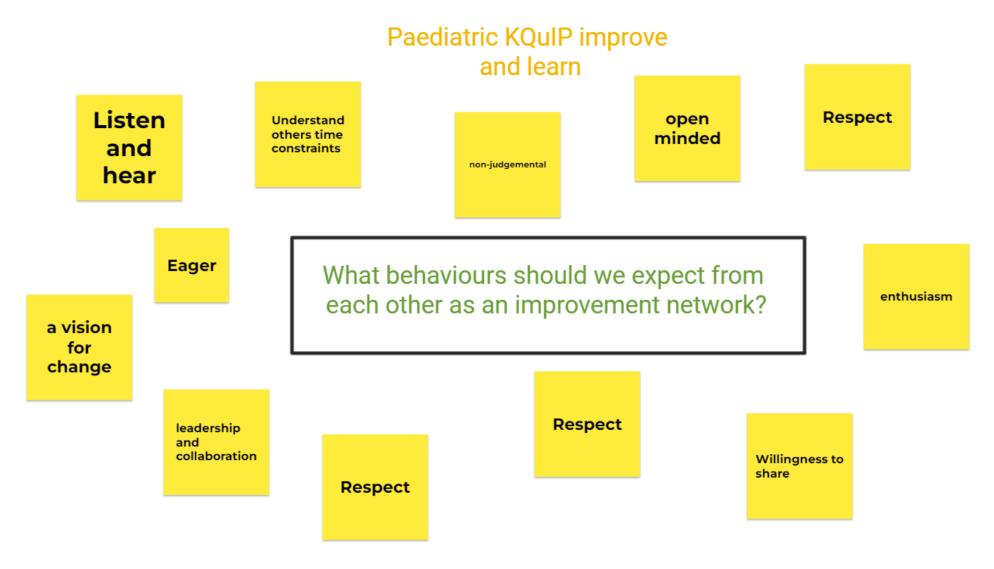
Small steps

Collaborating

Engagement post Covid

improved communication

Set aside allocated time





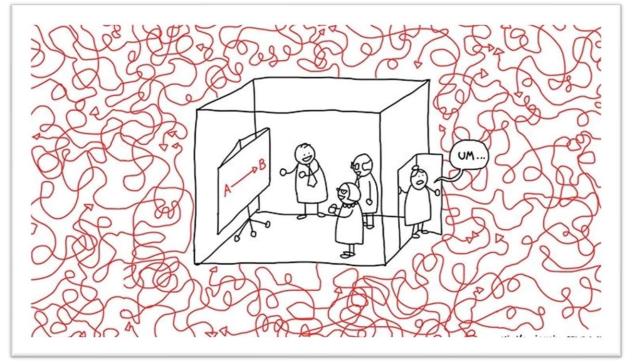




# It wont always be easy!



- Resistance to change try to understand why
- Staffing constraints
- Feeling lost
- Blind alleys
- Failures
- Scathing feedback



The KQuIP team is here to help you along the way!











# Understanding the problem before we find solutions

# **KQuIP 10 Steps in QI**

UKKA

- 1. Agree an area for improvement
- 2. Involve and assemble your team
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What are we trying to accomplish?

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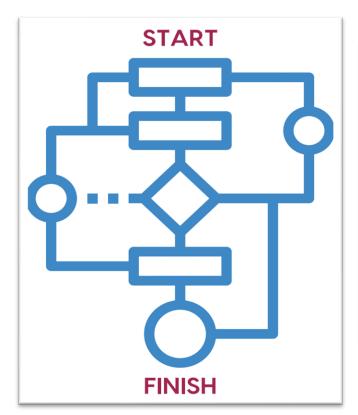
Share your progress

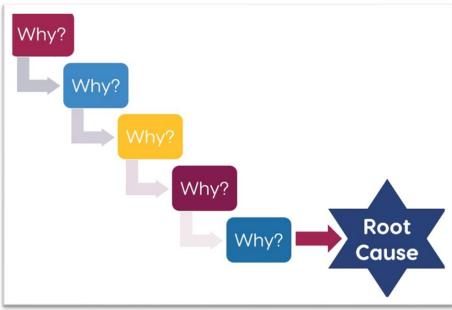


# Understand the problem









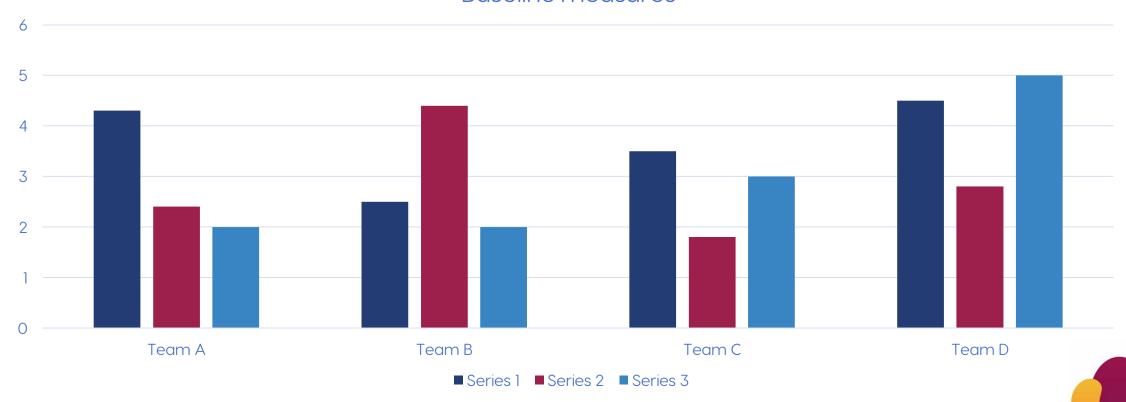




### **Baseline data**



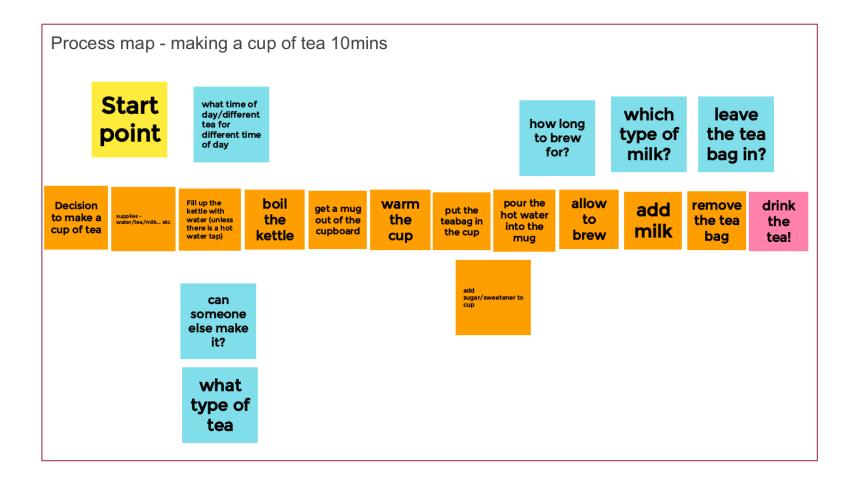






# Process map to understand barriers/ problems in the pathway









# Using 5 Why's – understanding the root cause of the problem



#### Problem – The Washington Monument was falling apart

Why? – Because harsh chemicals were used to clean it

Why? – Because of all the bird droppings left by the numerous birds

Why? – The birds feasted on the spiders appearing in large numbers

Why? – The spiders ate the millions of gnats which were ever present

Why? – Gnats were attracted to the lighting on the monument

Why? – Because the monument was the first building in the area to turn on their lights



Solution – turn lights on 30 mins later

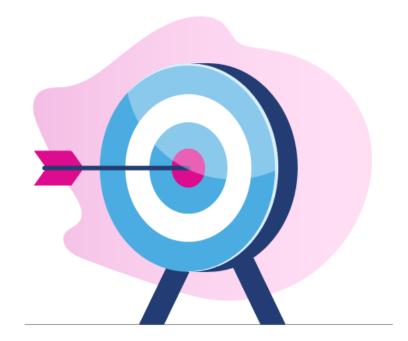


### **Definition of aim statement**



The Institute for Healthcare for Improvement (IHI) defines aim statement as:

"A precise description of clear and specific plans for the improvement work ahead"







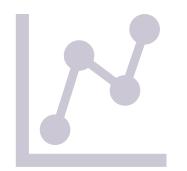
### **SMART** aim











**A**chievable



**R**elevant



**T**ime Bound







# **Examples of Smart Aims from KQuIP projects**



### Home Therapies

20% of prevalent patients on dialysis treatment are via home dialysis therapy (PD / HHD) by 31/12/2022 (or 20% increase for units already achieving)

### Transplant

20% of patients start RRT with a pre-emptive transplant by 01/01/2024

MAGIC

70% of cannulation staff will have completed the MAGIC E-Learning by Dec 2021





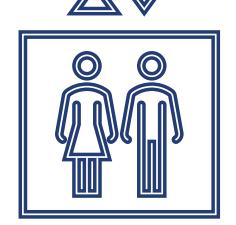
















# Scope



OUT IN





# Scope

PROJECT	IS IN SCOPE	IS NOT IN SCOPE	ACTION	
WHAT	Information parents of children on peritoneal dialysis	Information for professionals	Hold after review to find out what needs to happen next	
WHERE	This unit	Other units	After review to decide how to spread	
WHEN	Based on current evidence	Evidence older than two years	Check our information is current	
WHO	Paediatric PD staff	All PD staff	After review to decide how to spread	
SCOPE	Information leaflets for parents of children on peritoneal dialysis –no diversions			





### Got a question?



### Your KQuIP programme managers are:

Catherine Stannard catherine.stannard@renalregistry.nhs.uk

Julie Slevin julie.slevin@renalregistry.nhs.uk

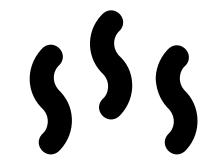
We are here to help!

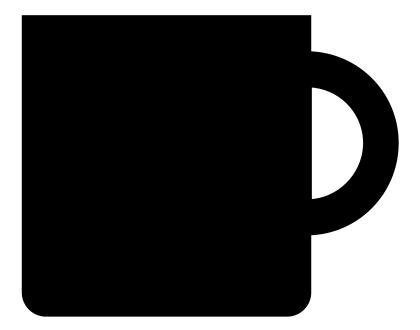




Paediatric KQuIP improve and learn

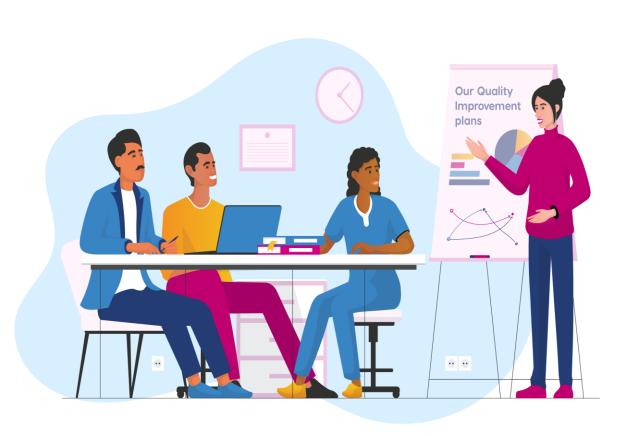






### **Peer Assist**





A structured facilitated meeting or workshop where people are invited from other business units or other businesses to provide their experience, insights and knowledge to a team who have requested help

Health Education England





### How we will run it

- Someone presents a problem/question
- The network spends time (usually about 10 minutes) discussing, thinking about and helping the presenter with their issue or question
- Check-in with the presenter where are you now?
- Agree actions and take-away learning



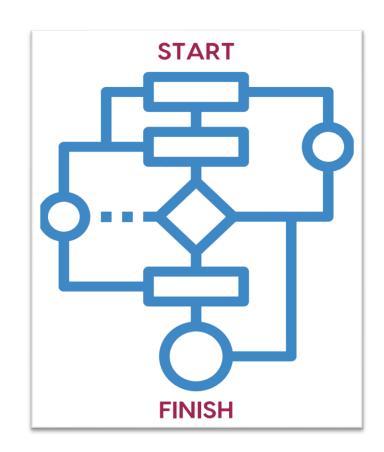




# Now it's over to you...

#### Some suggested things to work on:

- How do you / does your network want to work with the KQuIP patient group and involve patients and families in your improvement?
- What do you need to do in order to understand your problem?
- Begin refining your aim and defining scope
- Make a 30 60 90 day action plan





Meet back in main room at 11.55





# **Next steps**

UKKA

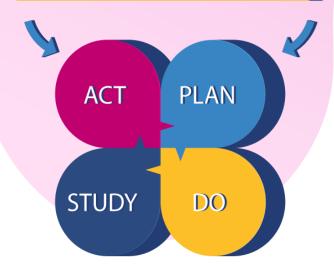
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Model for improvement

What are we trying to accomplish?

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The next workshop is on 23rd May 3-5pm



# **Next steps**



#### We suggest between now and then you work on:

- 1. Building your teams have you got the right people around you to achieve your goals?
- 2. Understanding your problem using baseline data, five whys and/or process mapping
- 3. Documenting your SMART aim and defining your scope this could be at a network level, or local unit project level
- 4. Sharing this with others, getting feedback, refining it

Please complete the short evaluation survey – in the chat-box now – before you leave





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