

☆ ☆ ☆

☆ ☆ ☆

☆



 $\frac{1}{2}$

☆

☆ ☆ ☆

☆

☆

☆ ☆ ☆ ☆

☆

☆

Issue Sixteen, March 2019

RaDaR

Newsletter

The National Registry of Rare Kidney Diseases (RaDaR) is a Renal Association initiative designed to pull together information from patients with certain rare kidney diseases. This will give a better understanding of how these illnesses affect people and will also speed up research. Recruitment to RaDaR is now open to all UK hospitals, both adult and paediatric.

RaDaR Portfolio Extension

☆ ☆ Thanks to the generous support of Kidney Research UK, RaDaR will maintain it's presence on the ☆ NIHR's Research Portfolio until 31/03/2020.

☆ ☆ This ensures that recruiting sites will continue to receive financial support for every patient that they recruit to the rare disease registry.



Recruitment Update

Top Recruiting Adult Sites Recruits		Top Recruiting Paediatric Sites	Recruits
London Guys	1187	Birmingham	462
London Royal Free	827	Manchester	263
Oxford Churchill	741	Leeds	191
Nottingham City Hospital	728	Nottingham	181
Lister Hospital, Stevenage	687	Southampton	157

















Are you kidney aware?

14TH

MARCH

2019

Kidneys are essential to our health and one of the most important organs in the body. Although anyone can develop kidney disease, there are a few things that can increase your risk - diabetes, high blood pressure, cardiovascular (heart) disease or a family history of kidney disease. In addition if you are from a black, A sian or minority ethnic background, you are more likely to develop kidney failure as kidney disease can progress more rapidly.

How to improve your kidney health





and keep your weight in check



Monitor your blood pressure



Eat healthily Get your kidney function checked if you are at increased risk

Don'i smoke



Keep well hydrated

World Hidney Day in the UK is led by the Midney Charities Together Group



0300 303 1100 • Info @worldiddneyday.co.uk • www.avorldiddneyday.co.uk 💓 @kidneydayUK and use #worldiidneyday 🖣 www.facebook.com/worldiidneydayuk

ig)ResearchUK

Supported through granic form Aregon (Surger) SmbH, Phermacosmos UK, Rimal Services UK, Ltd and Wor Phases a UK/Wor Presences Medical Care Perral Pherma UK

Review of Fibromuscular Dysplasia (FMD) Patient Information Day

The auspicious date of 19.01.19 saw the UK's first patient information day on Fibromuscular Dysplasia (FMD), held at Salford Royal Hospitals NHS Foundation Trust.

The day was aimed at providing an overview on FMD, an update on international registry data and the most cutting edge clinically relevant research. We were privileged and honoured to have guest speaker, Sally Bee (https://www.sally-bee.com/) share her journey, first with spontaneous coronary artery dissection (SCAD) and then FMD; and Prof Alexandre Persu, an international FMD expert and head of the European FMD Registry join us from Belgium. Dr Tina Chrysochou provided an overview of FMD and the UK collaborative effort of the FMD specialist interest group under the Renal Rare Disease Registry (RaDaR).

Following patient requests ahead of the meeting, the day also benefitted from local neurology and neuro-radiology expertise by SRFT colleagues, Dr Martin Punter and Dr Amit Herwadkar. Prof David Adlam, lead for the UK SCAD research group, discussed the latest developments in SCAD. This included his latest collaboration showing genetic susceptibility to FMD and SCAD : PHACTR1 is associated with an increased risk of FMD, cervical artery dissection, SCAD and migraine. Dr 'Bean' Dhaun, consultant nephrologist from Edinburgh shared a case study on an unusual presentation of FMD to highlight how this condition can present in multiple ways, and how clinicians should have a high index of suspicion when cardiovascular events occur outwith the traditional risk factors or atherosclerosis.

The day finished off with a workshop during which patients and carers shared their experiences and devised a wish list for management within clinical services and research ideas for FMD in the UK.

Have a look at **#FMD2019** for tweets from day. Feedback from the meeting was excellent, with all individuals finding it extremely or very worthwhile. We are very grateful to Kidney Research UK (KRUK) and Kidney Care UK (KCUK) who kindly sponsored the event. Their sponsorship also went towards filming the event which will be made publically available.



tinachrys @tinachrysochou

Fantastic day #FMD2019, am hopeful + inspired that our

#FibromuscularDysplasia @RenalRadar journey is gaining momentum in the UK. Have learnt so much about patient perspective +experience. Thank you @kidneycareuk @Kidney_Research @FmdsUk for making this day possible



16:17 · 19/01/2019 from Salford, England · Twitter

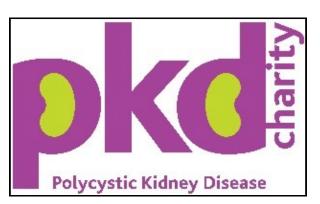
ADPKD Patient Information Day

The PKD Charity will be hosting the next ADPKD Patient Information Day on Saturday, 30 March 2019 from 10:00am – 4:00pm at Aintree University Hospital Lower Lane, Liverpool. L9 7AL

The event is free to attend and will include talks on:

- The Basics of ADPKD
- Genetics
- Diet and Lifestyle
- Research
- Transplants

Lunch and refreshments included



To register please visit https://tinyurl.com/adpkd-march-2019

International consensus guide on FMD

The first international consensus guide on the diagnosis and management of Fibromuscular Dysplasia has recently been published. This can be accessed at:

https://tinyurl.com/FMD-guidelines

GDPR Update

To ensure that RaDaR is compliant with the new **General Data Protection Regulations**, which came into force on May 25th 2018, two Privacy Statements have been produced to cover both RaDaR and Rare Renal. The documents detail what data is collected from patients and how it stored, linked and accessed.

The RaDaR notice is at:

https://rarerenal.org/radar-registry/privacy-notice/

And the RareRenal one is at:

https://rarerenal.org/terms-and-conditions/

Royal Society of Medicine events

Frontiers in Glomerulonephritis II, Royal Society of Medicine - UK Kidney Research Consortium GN Clinical Study Group Collaboration

Thursday 21st March 2019, Max Rayne Auditorium, Royal Society of Medicine, London

This meeting explores current understanding of glomerular diseases with an autoimmune aetiology. It dissects the histological and pathological features that underpin this spectrum of diseases. We are hosting this in association with the UK Kidney Research Consortium GN Clinical Study Group Collaboration. This year we are focusing on all of the major GN topics, with panel discussions and update on clinical trials. Therapeutic mechanisms, clinical trials and management strategies are explained, along with expert panel discussions. Updates will include newer therapies in vasculitis, the evolving story of lupus nephritis and novel insights into the management of IgA nephropathy.

https://www.rsm.ac.uk/events/nephrology/2018-19/nem03/



Rare Diseases and the Kidney, Royal Society of Medicine in collaboration with RaDaR

Wednesday 8th May 2019, Salford University Media City campus. M50 2HE. Room 3.11

CPD: 6 credits

The RSM is coming to Salford, Manchester! Join us for this exciting meeting where you will have the opportunity to hear from experts in a variety of renal rare disease areas. The agenda includes the latest research and clinical updates from nine RADAR rare disease groups. There will also be discussion on the UK Renal Research Network, the NIHR BioResource for Translational Research and opportunities for future research using the RADAR network. Places are limited, please book early to avoid disappointment.

https://www.rsm.ac.uk/events/nephrology/2018-19/nem04/

National Cystinuria Patient Day

Saturday March 30th 2019

Robens Suite, 29th Floor Tower Wing, Guy's Hospital, London

The event is free to attend for patients and relatives but registration is essential via the <u>CystinuriaUK</u> website - **www.cystinuriauk.co.uk/patient-day**

Provisional Programme:

9.30	Registration - water, tea, coffee, biscuits				
10.00	Welcome Kay Thomas, Urologist, Guy's and St. Thomas' Hospital, London				
10.05	Update on RADAR recruitment and news Richard Coward, Nephrologist, Bristol Royal Hospital for Children				
10.15	History of cystinuria and research ideas Matt Lewis, Director of Metabolic Profiling, Imperial College London				
10.30	Patient Stories (30mins)				
11.00	Break – water!				
11.10	Why do I need to see a Nephrologist? David Goldfarb, Nephrologist, NYU				
11.30	What does the surgeon do? Matthew Bultitude, Urologist, Guy's and St. Thomas' Hospital				
11.45	The problem with urinary cystine measurements Shabbir Moochhala, Nephrologist, Royal Free Hospital				
12.00	Break – Water!				
12.10	What should I eat and drink? Dietary advice for the cystine patient Rachel Davies, Senior dietician, Guy's and St. Thomas' Hospital				
12.30	What's new and exciting in research for cystinuria? John Sayer, Nephrologist, Newcastle				
12.45	Ask the Experts questions and answers All Faculty				
13.00	LUNCH				
13.45	Updates from America David Goldfarb, Nephrologist, NYU				
14.00	Genetics Why do I have it and will my children get it? Kay Thomas, Urologist, Guy's and St. Thomas' Hospital, London				
14.15	Discussion in breakout groups (all faculty to assist) 1 Patient stories/experience/self-help [Lead: David Game] 2 Surgical models – try to be a stone surgeon! [Lead: M Bultitude] 3 Diet – preventing future stones [Lead: Rachel Davies]				
15.45	Summary and close.				

CystinuriaUK



UKIVAS Education Day May 16th 2019

Salford Royal Foundation Trust, HBLT1 Mayo Building

Attendance is free but to register please email hugh.cahill@addenbrookes.nhs.uk by the 18th April

9.30-9.40	Welcome and introduction	Nina Brown		
		Consultant Nephrologist		
9.40-10.20	ANCA Associated Vasculitis	Edmond O'Riordan		
		Consultant Nephrologist		
10.20-11.00	Large Vessel Vasculitis/	Ann Morgan		
	Giant Cell Arteritis	Professor of Rheumatology		
11.00-11.15	Break	in the second seco		
11.15-11-45	Respiratory manifestations	nifestations David Allen		
11.15-11-45				
	in vasculitis	Consultant Respiratory Physician		
11.45-12.25	Behcet's	Robert Moots		
		Professor of Rheumatology		
12.25-13.30	Lunch			
13.30- 13.45	Patient story			
13.45- 14.25	IgA vasculitis	Louise Oni		
		Senior Lecturer and Honorary Consultant in		
		Paediatric Nephrology		
14.25-14.55	Skin disease in vasculitis	Anja Weidmann		
		Consultant Dermatologist		
14.55-15.15	Break			
15.15-15.30	Patient story			
15.30-16.00	ENT disease in vasculitis	Chaitanya Gadepalli		
		Consultant ENT Surgeon		
16-16.30	Peripheral nerve	Tim Lavin		
	involvement in vasculitis	Consultant Neurologist		
	Close			

Unrestricted sponsorship for the refreshments and lunch break has been provided by Vifor Pharma UK Ltd



VIFOR FRESENIUS MEDICAL CARE

Travel bursaries for speakers have been provided by Vasculitis UK



Recruitment Update

The table below shows the recruitment figures and data entry fields for each condition as of **8th March 2019** when there were **21,987 UK patients** in RaDaR from **98 hospitals**.

	Current data entry			
Rare Disease Group	Generic	Condition specific	Number of recruits	
ADPKD	\checkmark	\checkmark	5897	
ADTKD/FUAN	\checkmark	\checkmark	174	
aHUS	\checkmark		221	
Alport Syndrome	\checkmark		722	
APRT-D	\checkmark		8	
ARPKD/NPHP	\checkmark	\checkmark	190	
Calciphylaxis	\checkmark	\checkmark	36	
Cystinosis	\checkmark		128	
Cystinuria	\checkmark		397	
Dent Disease & Lowe Syndrome	\checkmark	\checkmark	55	
Fabry Disease	\checkmark		37	
Fibromuscular Dysplasia	\checkmark		22	
HNF1-B	\checkmark	\checkmark	72	
Stec HUS	\checkmark		145	
Hyperoxaluria	\checkmark		108	
Hypokalaemic Alkaloses	\checkmark	\checkmark	289	
IgA Nephropathy	\checkmark	\checkmark	3097	
MGRS	\checkmark	\checkmark	82	
MPGN, DDD and C3 Glomerulopathy	\checkmark	\checkmark	950	
Membranous Nephropathy	\checkmark		1866	
Nephrotic Syndrome	\checkmark	\checkmark	3139	
Pregnancy & Chronic Kidney Disease	\checkmark	\checkmark	545	
Pure Red Call Aplasia	\checkmark		6	
Retroperitoneal Fibrosis	\checkmark		110	
Tuberous Sclerosis	\checkmark		140	
Vasculitis	\checkmark		3695	

If you are having problems with recruitment or in getting your site set-up please contact:

Melanie Dillon - Melanie.Dillon@renalregistry.nhs.uk