

LOOK, LISTEN & FEEL should be done before each needle

Please **LOOK** and **FEEL** your fistula on non-dialysis days too, if you have any concerns, please contact your dialysis centre.



LOOK

- Previous Cannulation Sites
- Are there changes in skin, is it red, broken areas is there any soreness?
- Scabs
- Redness
- Swelling
- Is there any oozing or fluid present?
- Are there any lumps or swellings that weren't there before?
- Evidence of steal syndrome, cold hand, discolouration, reduced grip, do your fingertips remain white or do they go back to pink when you pinch them?



LISTEN

- Previous Cannulation Sites
- Is there a bruit, what does it sound like?
- Can you hear the bruit at both previous needle/cannulation sites?
- Are there any interruptions in the bruit along the length of AVF?



FEEL

- Thrill not bump and the sensation is like a buzzing sensation
- Can you feel your fistula?
- Abnormal lumps or bumps
- Diameter of the vessel
- Hardened areas
- Length of vessel
- Any areas where the vessel disappears
- Does your fistula twist and turn in places?
- Are there signs of any other enlarged veins nearby?

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