

## Chapter 5: All Patients Receiving Renal Replacement Therapy in 2002

### Summary

- The UK prevalence of RRT was 626 p.m.p with 34% aged over 65.
- The annual increase in prevalent RRT patients is 4%.
- The median age of all patients on RRT was 55.9 years. This was 64.5, 58.3, 49.6 years for HD, PD and transplant patients respectively.
- While the median age of prevalent patients on HD has increased from 1998 – 2002, the median age of those on PD is decreasing.
- 46% of RRT patients had a functioning transplant and although the overall numbers are increasing, this as a % of total RRT patients has fallen year on year.
- The 1 year prevalent transplant and dialysis survival was 97.6% and 86.1% respectively.
- After adjusting for age, there was no significant difference in dialysis survival between centres.
- Analysis of seasonal variations in death rates indicate that the winter peak of deaths in HD patients precedes the peak seen in the general population. This occurred across all age bands for HD patients. Deaths in transplant patients followed a similar pattern to that of the general population.

### Prevalence rates

In Chapter 3, data from the Renal Survey 2003 showed that the prevalence rate for patients receiving renal replacement therapy in the UK at the end of 2002 was 626

patients per million population (p.m.p.). As all units in the UK participated in the survey, this is the most accurate estimation of the RRT prevalence rate currently available. There is a significant variation between the four countries with England having the lowest prevalence rate amongst the 4 countries (Table 5.1). There were more units per million population in Wales, Scotland and Northern Ireland than in England, resulting in the units in England being on average larger in size.

The number of units participating in the UK Renal Registry activity has increased to 40, providing data for 22,412 RRT patients, which were 60% of the total UK RRT patients (69% of total England and Wales patients). The number of prevalent patients in each of the units in England and Wales providing data to the Registry is given in Table 5.2 and Figure 5.1. The wide variation in the proportion of transplanted patients in each unit is partly the result of different policies for follow-up of patients at transplant centres. Some transplant centres continue to follow up the patients they transplant for other renal units; others transfer them back to their parent unit but at variable times post transplant. Some renal units do not follow any transplanted patients. Thus, units with a transplant centre tend to have higher proportion of transplant patients under follow up in the unit compared with units without a transplant centre. The table now includes Newcastle, but two of the other large transplant centres, Birmingham and Manchester, which do not return patients to the parent unit until a relatively late stage, are still not contributing to the Registry.

For the 23 units which have been participating with Registry activity since 1999, the prevalent number continues to increase year by year (Table 5.3). However, the actual and proportional increase year by year seems to be decreasing in the last 3 years. Data from the Renal Survey 2002 in Chapter 3 showed an annual increase of around 4%.

**Table 5.1. UK Patients receiving Renal Replacement Therapy – December 31, 2002**

|                      | <b>England</b> | <b>Wales</b>  | <b>Scotland</b> | <b>N.Ireland</b> | <b>UK</b>     |
|----------------------|----------------|---------------|-----------------|------------------|---------------|
| No of renal units    | 52             | 5             | 10              | 4                | 71            |
| Total RRT patients   | 30,498         | 2006          | 3,418           | 1,117            | 37,039        |
| Rate p.m.p (95% CI)  | 615 (608-622)  | 692 (652-722) | 684 (661-707)   | 657 (619-696)    | 626 (620-633) |
| Rate per unit        | 587            | 401           | 342             | 279              | 522           |
| Units p.m.p          | 1.0            | 1.7           | 2.0             | 2.4              | 1.2           |
| Haemodialysis        | 11369 (37%)    | 720 (36%)     | 1380 (40%)      | 512 (46%)        | 13981 (38%)   |
| Home haemodialysis   | 420 (1%)       | 9 (0%)        | 52 (2%)         | 1 (0%)           | 482 (1%)      |
| Peritoneal dialysis  | 4605 (15%)     | 380 (19%)     | 376 (11%)       | 80 (7%)          | 5441 (15%)    |
| Transplants          | 14,104* (46%)  | 897 (45%)     | 1,610 (47%)     | 524 (47%)        | 17,135* (46%) |
| % dialysis pts on HD | 72%            | 66%           | 79%             | 87%              | 73%           |

**Table 5.2. Prevalent RRT patients in each unit, 31 December 2002**

| <b>Treatment Centre</b> | <b>Dialysis No.</b> | <b>Transplant No.</b> | <b>RRT No.</b> | <b>% Transplant</b> |
|-------------------------|---------------------|-----------------------|----------------|---------------------|
| <b>Oxford*</b>          | 515                 | 859                   | 1374           | 63                  |
| <b>Guys*</b>            | 487                 | 706                   | 1193           | 59                  |
| <b>Livrpl*</b>          | 540                 | 632                   | 1172           | 54                  |
| <b>Cardiff*</b>         | 504                 | 615                   | 1119           | 55                  |
| <b>Ham &amp; Cx*</b>    | 679                 | 406                   | 1085           | 37                  |
| <b>Leics*</b>           | 610                 | 460                   | 1070           | 43                  |
| <b>Ports*</b>           | 429                 | 613                   | 1042           | 59                  |
| <b>Sheff*</b>           | 618                 | 410                   | 1028           | 40                  |
| <b>Bristol*</b>         | 433                 | 561                   | 994            | 56                  |
| <b>StJms*</b>           | 334                 | 484                   | 818            | 59                  |
| <b>Notts*</b>           | 435                 | 380                   | 815            | 47                  |
| <b>Carsh*</b>           | 455                 | 339                   | 794            | 43                  |
| <b>Camb*</b>            | 324                 | 392                   | 716            | 55                  |
| <b>Newc*</b>            | 189                 | 465                   | 654            | 71                  |
| <b>Prstn</b>            | 410                 | 191                   | 601            | 32                  |
| <b>Covnt*</b>           | 312                 | 262                   | 574            | 46                  |
| <b>Kings</b>            | 337                 | 237                   | 574            | 41                  |
| <b>Stevn</b>            | 383                 | 147                   | 530            | 28                  |
| <b>SCleve*</b>          | 242                 | 280                   | 522            | 54                  |
| <b>Hull</b>             | 328                 | 192                   | 520            | 37                  |
| <b>Extr</b>             | 297                 | 222                   | 519            | 43                  |
| <b>Heart</b>            | 302                 | 185                   | 487            | 38                  |
| <b>Plym*</b>            | 177                 | 221                   | 398            | 56                  |
| <b>Swyse</b>            | 289                 | 105                   | 394            | 27                  |
| <b>LGI</b>              | 226                 | 164                   | 390            | 42                  |
| <b>Wolve</b>            | 282                 | 84                    | 366            | 23                  |
| <b>Bradf</b>            | 181                 | 100                   | 281            | 36                  |
| <b>Sund</b>             | 127                 | 129                   | 256            | 50                  |
| <b>Words</b>            | 141                 | 94                    | 235            | 40                  |
| <b>Ipswi</b>            | 128                 | 87                    | 215            | 41                  |
| <b>Truro</b>            | 152                 | 63                    | 215            | 29                  |
| <b>Glouc</b>            | 161                 | 51                    | 212            | 24                  |
| <b>Wrex</b>             | 165                 | 47                    | 212            | 22                  |
| <b>Redng</b>            | 197                 | 7                     | 204            | 3                   |
| <b>Sthend</b>           | 148                 | 29                    | 177            | 16                  |
| <b>York</b>             | 138                 | 34                    | 172            | 20                  |
| <b>Carls</b>            | 85                  | 85                    | 170            | 50                  |
| <b>Wirrl</b>            | 137                 | 0                     | 137            | 0                   |
| <b>Bangr</b>            | 90                  | 0                     | 90             | 0                   |
| <b>Clwyd</b>            | 61                  | 26                    | 87             | 30                  |

\* transplant centres

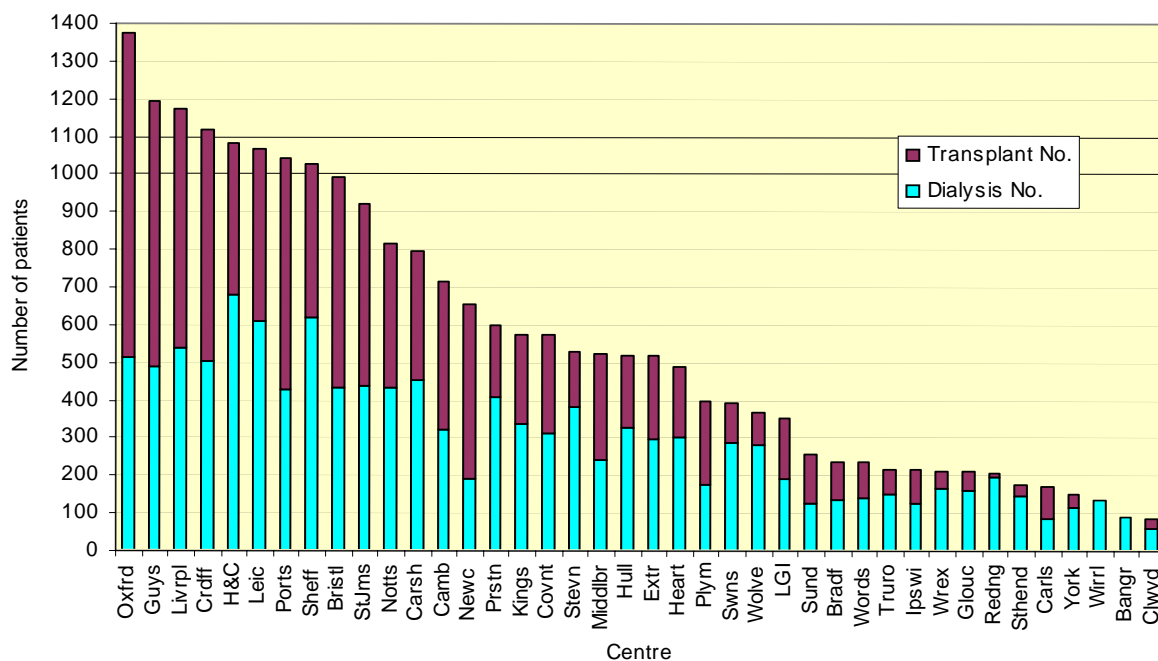


Figure 5.1. Distribution of RRT in prevalent patients

Table 5.3. Number of patients in the same 23 centres on RRT, 1999–2002

|   | 1999  | 2000  | 2001  | 2002  |
|---|-------|-------|-------|-------|
| No of RRT patients in the 4 <sup>th</sup> qtr | 11447 | 12447 | 13222 | 13791 |
| Actual increase in number                     | -     | 1000  | 775   | 569   |
| % increase                                    | -     | 9%    | 6%    | 4%    |

### Prevalence by Health Authority

Table 5.4 shows prevalent patients according to the old Health Authorities by post-code of residence in England and Wales. Only those Health Authorities where there is more or less complete coverage by the Registry are included. This allows an estimate of the prevalence (p.m.p.) to be made. Comparisons across England and Wales are more valid from these data than when the information is presented according to renal unit (see Chapter 4). There are wide variations between Health Authorities for reasons which include differences in local age

structure, ethnicity and social deprivation, as well as differing policies for referral and acceptance of patients and service provisions.

For parts of England and Wales where there has been complete coverage by the Registry for 5 years there are some interesting differences. For instance, in Calderdale & Kirklees and County Durham & Darlington, the prevalence has increased by almost 50% whereas there has been much less of an increase in Leicestershire, Nottingham, Coventry and Dudley Health Authorities. Although this may be partly due to incomplete data in earlier years it may represent growth in areas where the prevalence was relatively low 5 years ago. The highest overall prevalence was in Ealing, Hammsmith and Hounslow which also had the highest dialysis prevalence, presumably reflecting the ethnicity of the local population.

Table 5.4. Changes in prevalence rate in health authorities, 1998–2002

| Health Authority             | Population | Prevalence rates |      |      |      |      | Modalities 2002 |      |          | No of pts 2002 |
|------------------------------|------------|------------------|------|------|------|------|-----------------|------|----------|----------------|
|                              |            | 1998             | 1999 | 2000 | 2001 | 2002 | Transp          | Dial | % transp |                |
|                              |            | All              | All  | All  | All  | All  |                 |      |          | All            |
| <b>England</b>               |            |                  |      |      |      |      |                 |      |          |                |
| Bradford                     | 483,300    |                  |      |      | 579  | 662  | 283             | 379  | 43       | 320            |
| Calderdale & Kirklees        | 583,800    | 346              | 336  | 519  | 579  | 624  | 324             | 300  | 52       | 364            |
| County Durham & Darlington   | 607,800    | 336              | 344  | 393  | 466  | 579  | 326             | 253  | 56       | 352            |
| East Riding and Hull         | 574,500    | 447              | 463  | 512  | 479  | 541  | 216             | 326  | 40       | 311            |
| Gateshead & S Tyneside       | 353,500    |                  |      |      | 280  | 600  | 362             | 238  | 60       | 212            |
| Leeds                        | 727,400    |                  |      | 571  | 561  | 587  | 268             | 319  | 46       | 427            |
| Newcastle & N Tyneside       | 470,100    |                  |      |      | 232  | 574  | 357             | 217  | 62       | 270            |
| North Cumbria                | 319,300    | 485              | 501  | 504  | 542  | 526  | 279             | 247  | 53       | 168            |
| North Yorkshire              | 742,400    | 321              | 280  | 469  | 459  | 537  | 229             | 308  | 43       | 399            |
| Northumberland               | 309,600    |                  |      |      | 207  | 604  | 365             | 239  | 60       | 187            |
| Sunderland                   | 292,300    | 431              | 438  | 452  | 489  | 558  | 349             | 209  | 63       | 163            |
| Tees                         | 556,300    | 466              | 482  | 518  | 546  | 561  | 325             | 235  | 58       | 312            |
| Wakefield                    | 318,800    |                  |      | 555  | 521  | 521  | 248             | 273  | 48       | 166            |
| Barnsley                     | 228,100    | 460              | 509  | 574  | 592  | 666  | 307             | 359  | 46       | 152            |
| Doncaster                    | 290,500    | 423              | 465  | 513  | 530  | 596  | 220             | 375  | 37       | 173            |
| Leicestershire               | 928,700    | 600              | 602  | 649  | 639  | 672  | 305             | 367  | 45       | 624            |
| Lincolnshire                 | 623,100    | 425              | 456  | 514  | 533  | 534  | 238             | 297  | 44       | 333            |
| North Derbyshire             | 370,200    | 397              | 405  | 446  | 478  | 494  | 213             | 281  | 43       | 183            |
| North Nottinghamshire        | 388,900    | 465              | 496  | 550  | 589  | 594  | 255             | 339  | 43       | 231            |
| Nottingham                   | 642,700    | 577              | 624  | 653  | 669  | 633  | 249             | 384  | 39       | 407            |
| Rotherham                    | 254,400    | 448              | 460  | 562  | 645  | 668  | 240             | 428  | 36       | 170            |
| Sheffield                    | 531,100    | 409              | 442  | 512  | 523  | 587  | 217             | 371  | 37       | 312            |
| South Humber                 | 308,600    | 531              | 544  | 590  | 486  | 583  | 230             | 353  | 39       | 180            |
| Coventry                     | 304,300    | 670              | 664  | 677  | 723  | 723  | 276             | 447  | 38       | 220            |
| Dudley                       | 311,500    | 472              | 494  | 526  | 465  | 462  | 186             | 276  | 40       | 144            |
| Solihull                     | 205,600    | 365              | 355  | 413  | 438  | 462  | 151             | 311  | 33       | 95             |
| Walsall                      | 261,200    |                  |      |      |      | 497  | 84              | 413  | 17       | 130            |
| Warwickshire                 | 506,700    | 519              | 555  | 610  | 614  | 653  | 326             | 328  | 50       | 331            |
| Wolverhampton                | 241,600    |                  | 592  | 679  | 662  | 712  | 145             | 567  | 20       | 172            |
| East Lancashire              | 511,200    | 270              | 276  | 362  | 325  | 426  | 127             | 299  | 30       | 218            |
| Liverpool                    | 461,500    |                  |      |      | 579  | 615  | 247             | 368  | 40       | 284            |
| Morecambe Bay                | 310,300    | 226              | 235  | 329  | 313  | 371  | 126             | 245  | 34       | 115            |
| North Cheshire               | 311,900    |                  |      |      | 439  | 455  | 202             | 253  | 44       | 142            |
| North-West Lancashire        | 466,300    | 300              | 315  | 412  | 371  | 444  | 150             | 294  | 34       | 207            |
| Sefton                       | 287,700    |                  |      |      | 476  | 521  | 205             | 316  | 39       | 150            |
| St Helens and Knowsley       | 333,000    |                  |      |      | 502  | 571  | 255             | 315  | 45       | 190            |
| Wirral                       | 327,100    |                  |      |      | 345  | 611  | 263             | 349  | 43       | 200            |
| Bedfordshire                 | 556,600    | 214              | 225  |      | 546  | 562  | 228             | 334  | 41       | 313            |
| Cambridgeshire               | 468,000    | 111              | 122  |      | 669  | 756  | 321             | 436  | 42       | 354            |
| Hertfordshire                | 1,033,600  | 483              | 472  |      |      | 342  | 92              | 250  | 27       | 353            |
| Suffolk                      | 671,100    |                  |      |      | 176  | 378  | 182             | 197  | 48       | 254            |
| Bexley, Bromley, Greenwich   | 730,000    |                  |      | 355  | 356  | 582  | 275             | 307  | 47       | 425            |
| Croydon                      | 338,200    | 322              | 355  | 441  | 446  | 535  | 210             | 325  | 39       | 181            |
| Ealing, Hammersm, Hounslow   | 617,200    |                  |      |      | 125  | 930  | 262             | 668  | 28       | 574            |
| Hillingdon                   | 251,200    |                  |      |      | 68   | 506  | 195             | 311  | 39       | 127            |
| Lambeth, Sthwark Lewisham    | 745,200    |                  |      | 515  | 514  | 789  | 309             | 480  | 39       | 588            |
| Merton, Sutton, Wandsworth   | 627,000    | 214              | 220  | 305  | 285  | 364  | 155             | 209  | 43       | 228            |
| Berkshire                    | 800,200    | 331              | 347  | 693  | 502  | 569  | 295             | 274  | 52       | 455            |
| Buckinghamshire              | 681,900    | 422              | 431  | 524  | 537  | 553  | 301             | 252  | 54       | 377            |
| East Surrey                  | 419,900    | 324              | 348  | 402  | 405  | 460  | 262             | 198  | 57       | 193            |
| IoW, Portsmouth, SE Hamps    | 671,700    |                  |      |      | 549  | 572  | 331             | 241  | 58       | 384            |
| North and Mid Hampshire      | 556,900    |                  |      |      | 386  | 406  | 223             | 183  | 55       | 226            |
| Northamptonshire             | 615,800    | 445              | 463  | 513  | 549  | 562  | 268             | 294  | 48       | 346            |
| Oxfordshire                  | 616,700    | 431              | 454  | 491  | 542  | 582  | 318             | 264  | 55       | 359            |
| Southampton, SW Hamps        | 542,300    |                  |      |      | 454  | 476  | 278             | 197  | 59       | 258            |
| West Surrey                  | 640,600    | 190              | 211  | 268  | 304  | 436  | 204             | 231  | 47       | 279            |
| Avon                         | 999,300    | 534              | 550  | 592  | 617  | 648  | 346             | 302  | 53       | 648            |
| Cornwall and Isles of Scilly | 490,400    |                  |      |      | 642  | 693  | 281             | 412  | 41       | 340            |
| Gloucestershire              | 557,300    | 458              | 511  | 642  | 468  | 535  | 248             | 287  | 46       | 298            |
| North and East Devon         | 479,300    | 463              | 503  | 547  | 534  | 547  | 246             | 300  | 45       | 262            |
| Somerset                     | 489,300    |                  |      | 501  | 521  | 576  | 260             | 317  | 45       | 282            |
| South and West Devon         | 589,100    | 502              | 535  | 587  | 606  | 606  | 290             | 316  | 48       | 357            |
| Wiltshire                    | 605,500    | 342              | 337  | 353  | 453  | 467  | 256             | 211  | 55       | 283            |
| <b>Wales</b>                 |            |                  |      |      |      |      |                 |      |          |                |
| Gwent                        | 557,200    | 549              | 560  | 623  | 630  | 727  | 377             | 350  | 52       | 405            |
| Bro Taf                      | 739,600    | 533              | 581  | 633  | 648  | 699  | 339             | 346  | 50       | 517            |
| Dyfed Powys                  | 479,400    |                  |      | 638  | 499  | 565  | 215             | 330  | 39       | 271            |
| North Wales                  | 657,500    |                  |      |      | 525  | 695  | 259             | 437  | 37       | 457            |
| Morgannwg                    | 499,700    |                  |      | 558  | 616  | 706  | 326             | 380  | 46       | 353            |

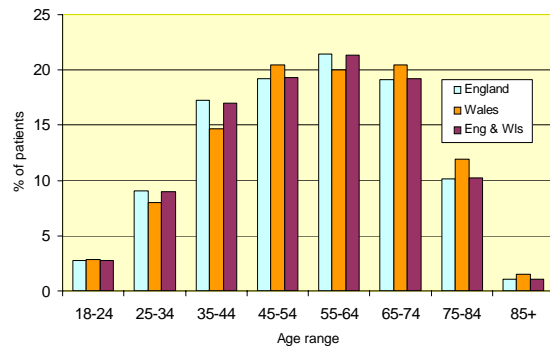
### Age

Table 5.5 shows the age breakdown of the prevalent patients in the UK in 2002 from the National Renal Review. 34% of the patients on RRT were over 65 years old. The proportion of over 65s in Northern Ireland seems to be high, but for this analysis Belfast City Hospital could not be included as it was not able to provide the age breakdown for stock patients. As Belfast City Hospital is the transplant centre for Northern Ireland, inclusion of their data would most likely change the age distribution to be more in line with the rest of the UK.

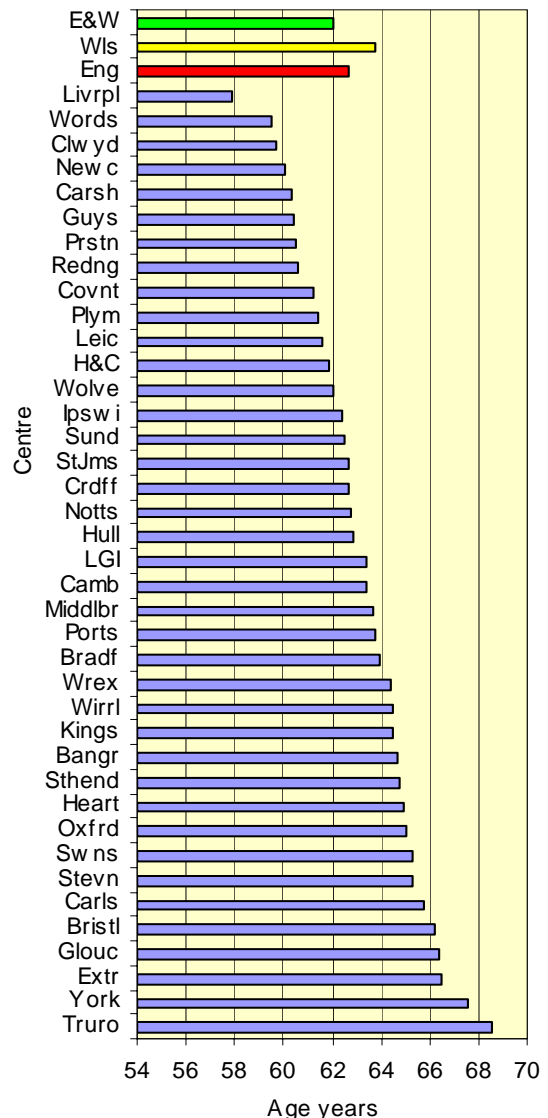
**Table 5.5. Age groups of prevalent patients in the UK in 2002: data from the National Review**

| Age groups | Eng | W   | Scot | NI  | UK  |
|------------|-----|-----|------|-----|-----|
| 18-44      | 27% | 25% | 31%  | 18% | 27% |
| 45-64      | 39% | 41% | 33%  | 36% | 38% |
| 65+        | 34% | 34% | 35%  | 46% | 34% |

From the Registry data, we were able to analyse the age profile further and calculate the median age for each of the treatment modalities (Figure 5.2). As expected, the median age is lowest for the transplant patients, followed by the peritoneal dialysis patients, with the haemodialysis patients having the highest median age. Compared with previous years, the median age for all prevalent RRT patients has increased from 54.3 years in 1998 to 55.9 years in 2002. The median age for patients on peritoneal dialysis has shown a trend to decrease where as the median age for haemodialysis patients has increased from 62.6 years to 64.5 years (Table 5.6). The wide variation in the median age of dialysis patients between each unit is shown in Figure 5.3. This may be due to differences in the demography of the local population, referral and acceptance policies, survival rates, and facilities for service provision.



**Figure 5.2. Age profile of prevalent patients**



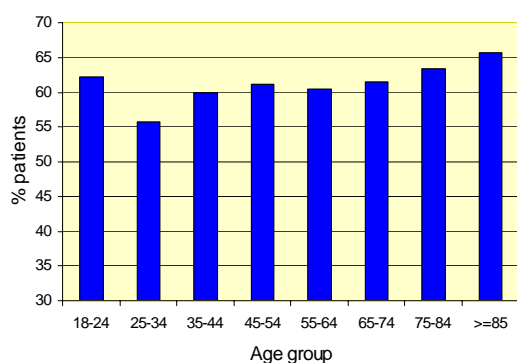
**Figure 5.3. Median age of dialysis patients at 31 December 2002 by centre**

**Table 5.6. Median age and treatment modality for England and Wales 2002**

|                     | <b>Transplants</b> | <b>PD</b> | <b>HD</b> | <b>All</b> |
|---------------------|--------------------|-----------|-----------|------------|
| Median age 2002     | 49.6               | 58.3      | 64.5      | 55.9       |
| Interquartile range | 39-60              | 45-69     | 51-74     | 43-68      |
| Range between units | 40-55              | 49-64     | 58-71     | 52-65      |
| Median age 2001     | 48.9               | 58.7      | 64.0      | 55.1       |
| Median age 2000     | 48.9               | 58.6      | 63.5      | 54.9       |
| Median age 1999     | 48.9               | 58.8      | 62.7      | 54.6       |
| Median age 1998     | 49.0               | 58.9      | 62.6      | 54.3       |

## Gender

Of the prevalent patients 61% were male, and this male preponderance was evident across all age groups (Figure 5.4).



**Figure 5.4. Percentage of male patients according to age**

## Ethnicity

The number of units providing data on ethnicity for prevalent patients has increased. 22 units had completed data returns on at least 90% of patients compared with 17 last year. There were 9 newcomers to this category (Gloucester, Hammersmith and Charing Cross, Newcastle, Carlisle, Liverpool, Portsmouth, Swansea, Middlesbrough and Stevenage), however in 4 of the units (Hull, Exeter, Carshalton and Southend) the percentage of completed data had fallen. It is to be hoped that providing feedback on returns will encourage units to develop means of providing this important information.

From these 22 units, the percentage of Indo-Asian was 7%, African-Caribbean 3.6% and Chinese 0.5%. There was a marked variation of ethnic mix amongst the different units reflecting the ethnic diversity of the different catchment areas. The units with the higher proportion of Indo-Asians and African-Caribbean patients were in the London/South East area, West Midlands and Yorkshire regions (Table 5.7).

In Chapter 4, a high proportion of ethnic minorities has been shown to be associated with a higher standardised acceptance ratio. It would therefore be envisaged that units in such areas may expand more rapidly than units serving mainly white catchment areas.

A more detailed analysis of the different ethnic groups is presented in Chapter 20.

## Primary Renal Disease

Table 5.8 shows detail of the primary renal disease based on the original EDTA coding. Although the number of prevalent patients on the Registry has increased by 16% there has been no difference in the pattern of diagnoses compared with last year. The most common identifiable diagnosis for the under 65s was glomerulonephritis (17.8%), and for those over 65 was diabetes (12.9%). Overall 11.5% of the prevalent patients had a primary diagnosis of diabetic nephropathy in contrast to the 18% of the incident patients, although a significant proportion of patients also have diabetes mellitus as a co-morbid disease. Another

interesting observation is the low percentage of over 65s with diagnosis of reno-vascular disease (4.6%) in comparison to the 11.2% in the over 65s in the incident group. These differences between incidence and prevalence of these two groups may be due to lower survival of such patients.

### **Diabetes**

Tables 5.9a and 5.9b show the median age and modalities of treatment for diabetic patients compared with other patients. The only notable difference from previous years

is in the modality of treatment of non-diabetics under the age of 65, in whom the proportion on HD has fallen from 34% to 27%. The proportion transplanted has increased from 50% to 60%, whilst there has been a smaller change in those on PD from 15% to 13%. This may reflect the influence of the new large transplanting units which have joined the Registry. There is further discussion and analysis of the diabetic renal patients in Chapter 19.

**Table 5.7. Ethnicity groups of prevalent patients 2002**

| Treatment centre | % Return  | % White     | % Black    | % Asian    | % Chinese  | % Other    |
|------------------|-----------|-------------|------------|------------|------------|------------|
| Glouc            | 100       | 99.1        | 0.5        | -          | 0.5        | -          |
| Ham & Cx         | 100       | 43.1        | 12.1       | 22.6       | 0.7        | 21.5       |
| Heart            | 100       | 73.9        | 5.3        | 19.1       | 0.6        | 1.0        |
| Sheff            | 100       | 93.9        | 1.6        | 3.3        | 0.7        | 0.6        |
| Words            | 100       | 90.6        | 0.9        | 8.1        | 0.4        | -          |
| Newc             | 99        | 97.5        | 0.3        | 1.7        | 0.5        | -          |
| Prstn            | 99        | 86.6        | 1.2        | 11.7       | -          | 0.5        |
| Wolve            | 99        | 74.8        | 6.6        | 17.5       | 1.1        | -          |
| Bristol          | 98        | 93.1        | 3.2        | 2.3        | 0.7        | 0.7        |
| Redng            | 98        | 70.0        | 11.0       | 16.0       | 1.5        | 1.5        |
| Carls            | 97        | 99.4        | -          | 0.6        | -          | -          |
| Leic             | 97        | 81.1        | 2.2        | 15.4       | 0.2        | 1.1        |
| Plym             | 97        | 95.6        | 3.1        | 0.5        | 0.3        | 0.5        |
| Livrpl           | 95        | 96.5        | 1.3        | 0.5        | 1.1        | 0.6        |
| Sund             | 95        | 97.5        | 0.4        | 0.8        | 0.4        | 0.8        |
| Notts            | 94        | 88.9        | 4.4        | 5.7        | -          | 0.9        |
| Ports            | 94        | 96.9        | 0.4        | 2.1        | 0.2        | 0.3        |
| Swyse            | 93        | 98.9        | 0.3        | 0.5        | -          | 0.3        |
| Middlbr          | 92        | 95.4        | -          | 3.7        | 0.8        | -          |
| Covnt            | 91        | 82.1        | 3.2        | 14.5       | 0.2        | -          |
| Guys             | 91        | 80.0        | 15.0       | 3.7        | 1.3        | 0.1        |
| Stevn            | 90        | 82.0        | 4.7        | 12.7       | 0.6        | -          |
| Hull             | 89        | 98.7        | 0.2        | 0.2        | 0.4        | 0.4        |
| York             | 87        | 98.5        | -          | 1.5        | -          | -          |
| Extr             | 84        | 98.9        | 0.7        | -          | 0.2        | 0.2        |
| StJms            | 82        | 86.0        | 3.2        | 10.2       | -          | 0.7        |
| Carsh            | 80        | 74.2        | 6.3        | 7.4        | 0.9        | 11.1       |
| Sthend           | 77        | 92.7        | 4.4        | 2.9        | -          | -          |
| <b>Total</b>     | <b>77</b> | <b>86.8</b> | <b>3.6</b> | <b>7.0</b> | <b>0.5</b> | <b>2.1</b> |
| Bradf            | 62        | 63.7        | 1.4        | 34.2       | -          | 0.7        |
| Clwyd            | 59        | 96.1        | 2.0        | -          | 2.0        | -          |
| Wrex             | 59        | 99.2        | -          | -          | 0.8        | -          |
| Bangr            | 56        | 98.0        | 2.0        | -          | -          | -          |

**Table 5.8. Primary renal disease in all prevalent patients, with age and gender**

| Diagnosis              | % All patients | Inter unit range(%) | % Age <65 | % Age ≥65 | M:F ratio |
|------------------------|----------------|---------------------|-----------|-----------|-----------|
| Aetiology uncertain*   | 22.5           | 3-61                | 21.0      | 27.9      | 1.6       |
| Glomerulonephritis**   | 15.6           | 5-25                | 17.8      | 7.8       | 2.2       |
| Pyelonephritis         | 13.3           | 5-24                | 14.2      | 9.9       | 1.1       |
| Diabetes               | 11.5           | 7-26                | 11.2      | 12.9      | 1.5       |
| Polycystic kidney      | 3.6            | 0-6                 | 1.7       | 10.0      | 2.2       |
| Hypertension           | 6.6            | 1-14                | 6.0       | 8.4       | 2.2       |
| Renal vascular disease | 9.1            | 5-15                | 10.4      | 4.6       | 1.1       |
| Not sent               | 4.5            | 0-29                | 3.4       | 8.4       | 1.7       |
| Other                  | 13.3           | 7-23                | 14.2      | 10.1      | 1.3       |

\*Includes patients listed as 'glomerulonephritis not biopsy proven'.

\*\*Biopsy proven.

**Table 5.9a. Type of diabetes – median age, gender ratio and treatment modality**

|                           | Type I | Type II | All diabetes | Non-diabetics |
|---------------------------|--------|---------|--------------|---------------|
| Number                    | 1670   | 896     | 2566         | 18815         |
| M:F ratio                 | 1.49   | 1.57    | 1.52         | 1.54          |
| Median age on 31/12/02    | 51     | 66      | 57           | 55            |
| Median age started RRT    | 47     | 63      | 54           | 47            |
| Median years on treatment | 3.2    | 2.1     | 2.8          | 5.7           |
| % HD                      | 41     | 65      | 49           | 37            |
| % PD                      | 22     | 23      | 23           | 14            |
| % Transplant              | 36     | 12      | 28           | 50            |

**Table 5.9b. Type of diabetes – age, sex ratio and treatment**

|              | Type I | Type II | Non-diabetics | Type I | Type II | Non-diabetics |
|--------------|--------|---------|---------------|--------|---------|---------------|
|              | <65    | <65     | <65           | ≥65    | ≥65     | ≥65           |
| Number       | 1335   | 409     | 13201         | 335    | 487     | 5575          |
| % HD         | 34     | 58      | 27            | 71     | 71      | 59            |
| % PD         | 23     | 23      | 13            | 19     | 23      | 16            |
| % Transplant | 43     | 19      | 60            | 10     | 7       | 24            |

**Table 5.10. Treatment modalities of prevalent patients in the UK 2002**

|                      | England       | Wales     | Scotland    | N Ireland | UK            |
|----------------------|---------------|-----------|-------------|-----------|---------------|
| Haemodialysis        | 11369 (37%)   | 720 (36%) | 1380 (40%)  | 512 (46%) | 13981 (38%)   |
| Home haemodialysis   | 420 (1%)      | 9 (0%)    | 52 (2%)     | 1 (0%)    | 482 (1%)      |
| Peritoneal dialysis  | 4605 (15%)    | 380 (19%) | 376 (11%)   | 80 (7%)   | 5441 (15%)    |
| Transplants          | 14,104* (46%) | 897 (45%) | 1,610 (47%) | 524 (47%) | 17,135* (46%) |
| % dialysis pts on HD | 72%           | 66%       | 79%         | 87%       | 73%           |



### Modalities of Treatment

From the National Renal Review, at the end of 2002, 46% of the prevalent patients in the UK had a functioning transplant. Of the remaining patients on dialysis, 73% were on haemodialysis. Apart from Northern Ireland where there was less use of peritoneal dialysis, the distributions were similar in the other 3 countries. (Table 5.10)

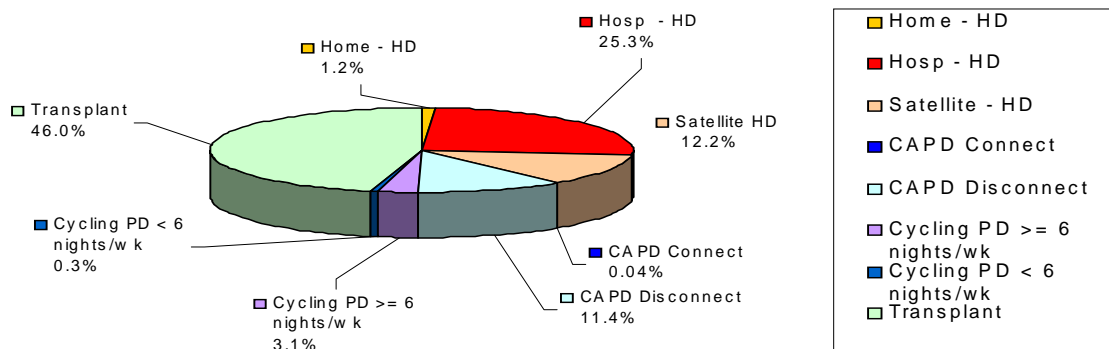
Figure 5.5 shows the breakdown according to treatment modalities from the Registry data. The breakdown of 46.0% transplants, 37.5% haemodialysis, 1.2% home haemodialysis and 14.8% peritoneal dialysis is comparable to the data from the National Renal Review.

The variation in patterns of treatment with age are shown in Figure 5.6. Transplantation is the predominant treatment

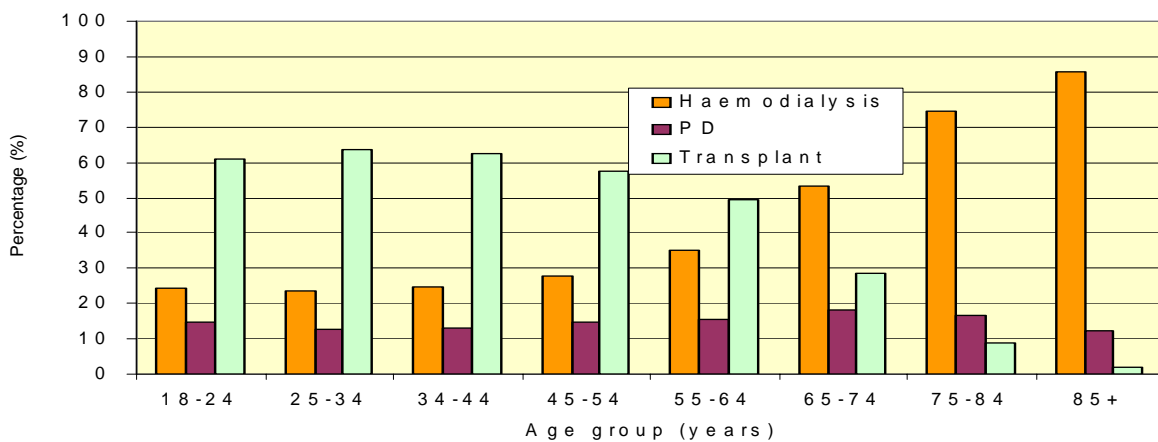
modality in patients less than 65 years old. In contrast it is haemodialysis which is more used in the over 65s. In terms of dialysis modality, haemodialysis is the main modality across all age groups, ranging from 63% in the 18-24 age group to 87% in the 85+ age group (Table 5.11).

**Table 5.11. Dialysis modality percentages according to age groups**

| Age group | HD% | PD% |
|-----------|-----|-----|
| 18-24     | 63  | 37  |
| 25-34     | 65  | 35  |
| 35-44     | 65  | 35  |
| 45-54     | 66  | 34  |
| 55-64     | 69  | 31  |
| 65-74     | 75  | 25  |
| 75-84     | 82  | 18  |
| 85+       | 87  | 13  |
| All       | 72  | 28  |



**Figure 5.5. Percentage of patients on each dialysis modality, 31 December 2002**



**Figure 5.6. Patients on each modality according to age groups**

**Change in Treatment Modality 1997 – 2002**

Table 5.12 and Figure 5.7 show the proportion of treatment modalities for prevalent patients in the Registry units only in 2002. There is a trend of increasing proportion of patients in haemodialysis facilities especially in satellite units and decreasing proportion of peritoneal dialysis and transplant patients. The proportion and the trend were the same as the data obtained from the

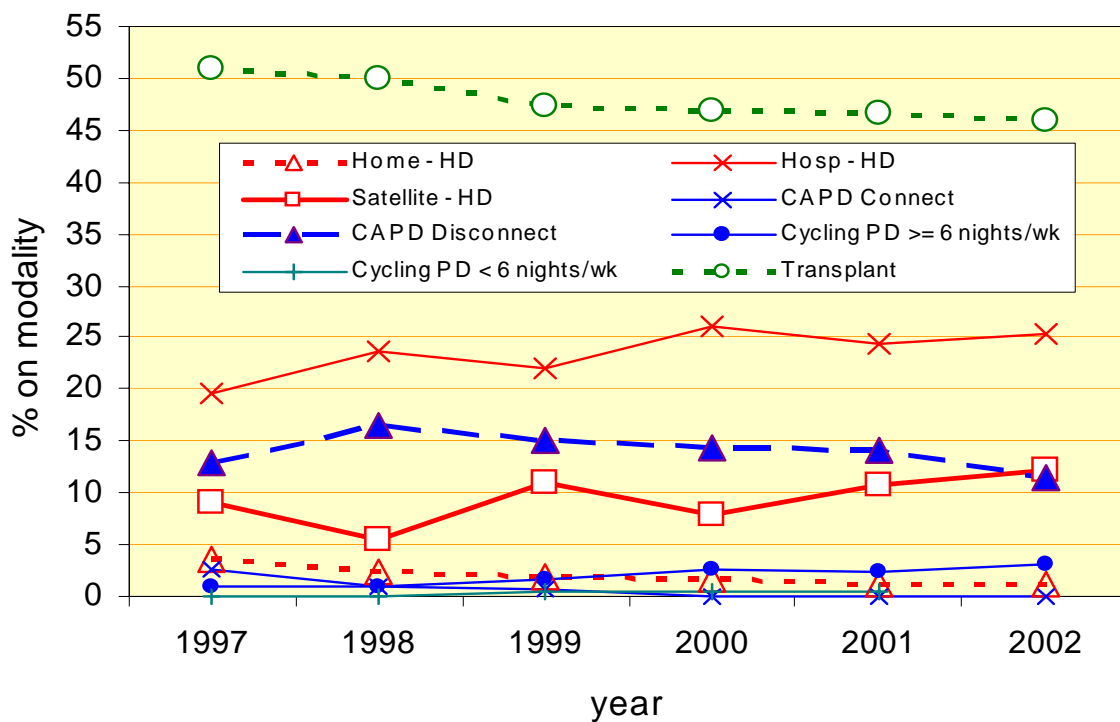
National Renal Review presented in Chapter 3.

**Haemodialysis**

The proportion of dialysis patients treated by haemodialysis varied widely between the units and cannot be explained by age alone (Figure 5.8). The overall percentage of patients on HD dialysing in satellite units was 32% (Figure 5.9).

**Table 5.12. Proportion of patients with different modalities of RRT, 1997 - 2002**

|      | % HD home | % HD hospital | % HD satellite | % HD total | % PD standard | % PD disconnect | % PD cycling | % PD total | % With Transplant |
|------|-----------|---------------|----------------|------------|---------------|-----------------|--------------|------------|-------------------|
| 1997 | 3.7       | 19.7          | 9.0            | 32.4       | 2.7           | 12.9            | 1.0          | 16.7       | 51.0              |
| 1998 | 2.4       | 23.6          | 5.6            | 31.6       | 0.9           | 16.6            | 1.0          | 18.5       | 49.9              |
| 1999 | 2.0       | 21.9          | 10.9           | 34.8       | 0.7           | 15.0            | 2.1          | 17.9       | 47.3              |
| 2000 | 1.7       | 26.1          | 7.8            | 35.6       | 0.1           | 14.2            | 3.1          | 17.4       | 46.9              |
| 2001 | 1.3       | 24.5          | 10.9           | 36.6       | 0.0           | 14.0            | 2.7          | 16.8       | 46.6              |
| 2002 | 1.2       | 25.3          | 12.2           | 38.7       | 0.0           | 11.4            | 3.4          | 14.8       | 46.0              |



**Figure 5.7. Trends of modality changes 1997-2002**

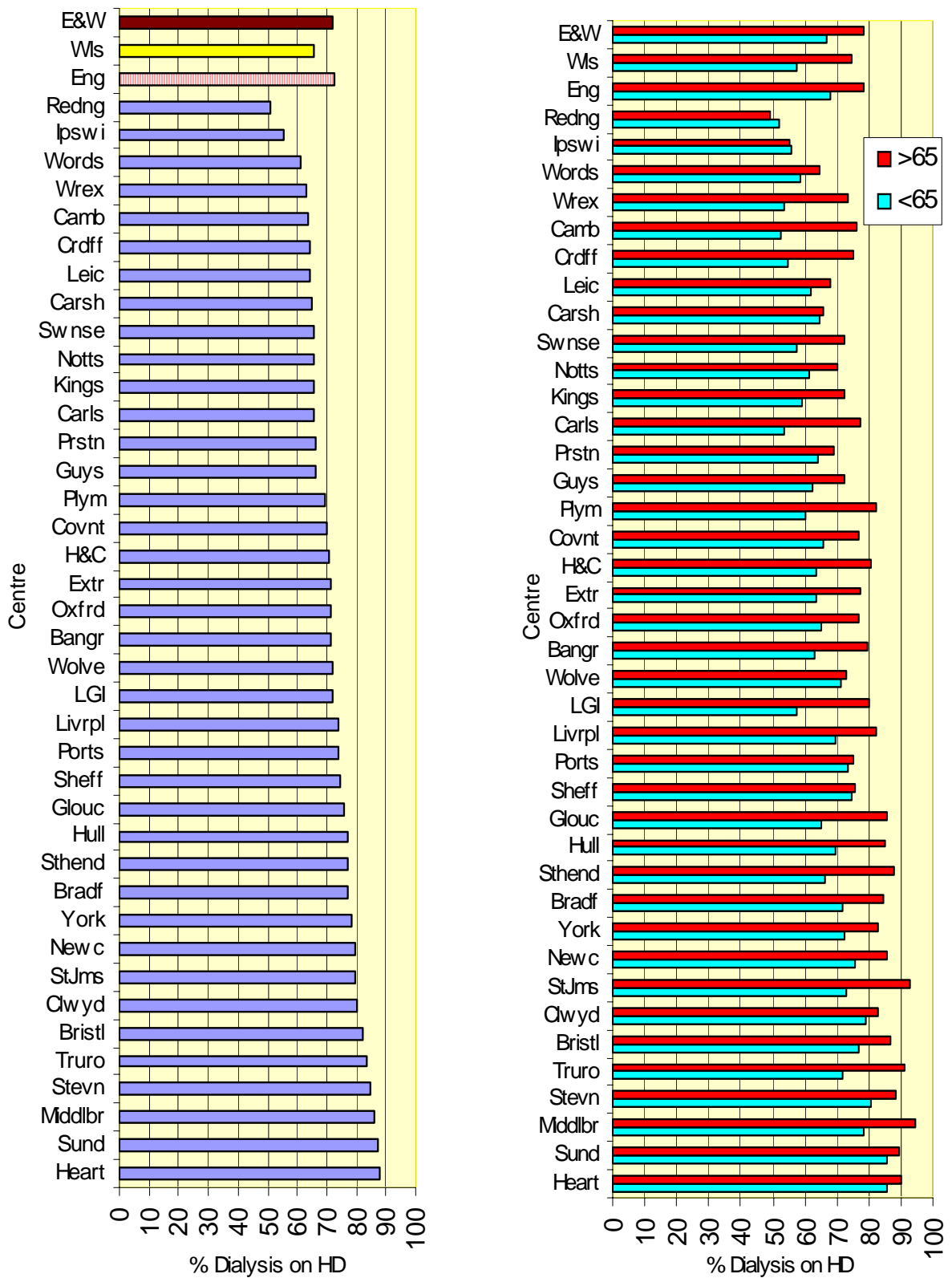


Figure 5.8. Proportion of patients on haemodialysis according to centre and age

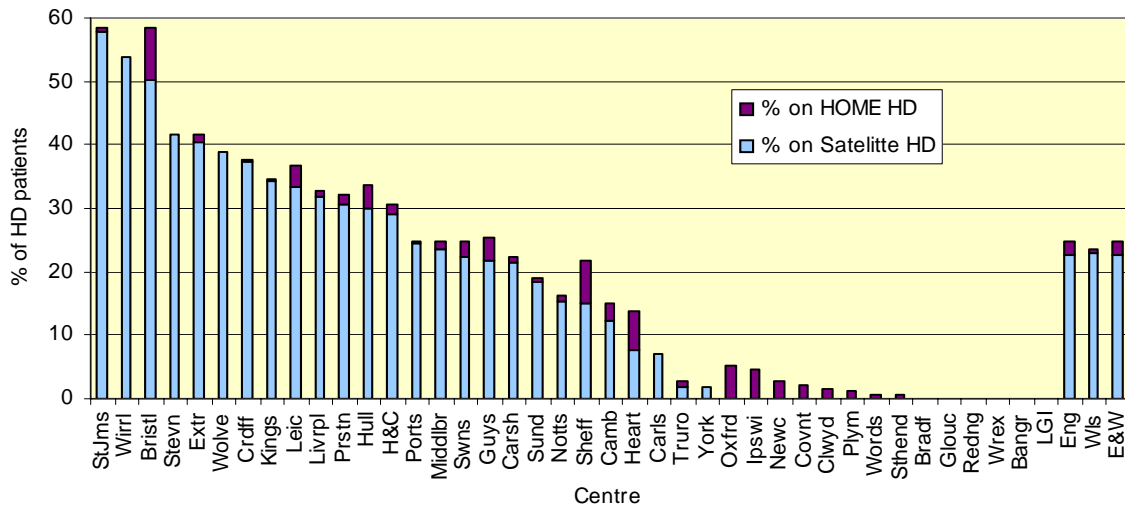


Figure 5.9. Percentage of HD patients treated at home and in satellite units

**Peritoneal dialysis**

Table 5.13 shows the distribution of types of peritoneal dialysis being used in the UK at the end of 2002. The two main types were CAPD disconnect and APD/CCPD, with a high percentage of patients in Scotland and Northern Ireland using the APD/CCPD methods.

For units in the Registry, the percentages of patients on each of the main types of PD are shown in Figure 5.10.

**Survival of Patients Established on RRT**

This section analyses the one year survival of all patients who had been established on RRT for at least 90 days on 1 January 2002. Where survival of dialysis patients is shown, patients have been censored at transplantation.

In Figure 5.11 the survival of prevalent dialysis patients for each age band is shown.

There were no significant differences between England and Wales, so the combined data are presented. The one year survival of HD patients in England & Wales has increased significantly from 83.4 in 2000 to 84.3 in 2001 and 86.1 in 2002.

Transplanted patients had better survival

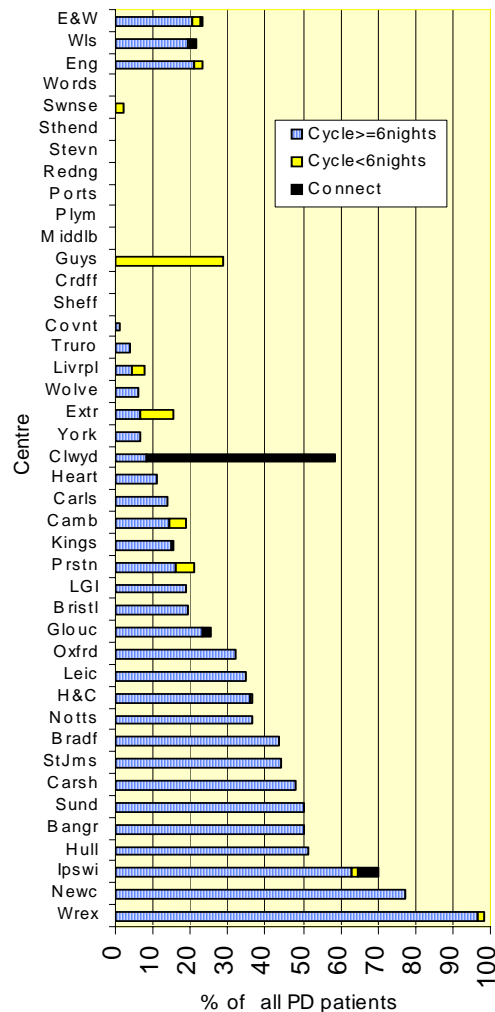
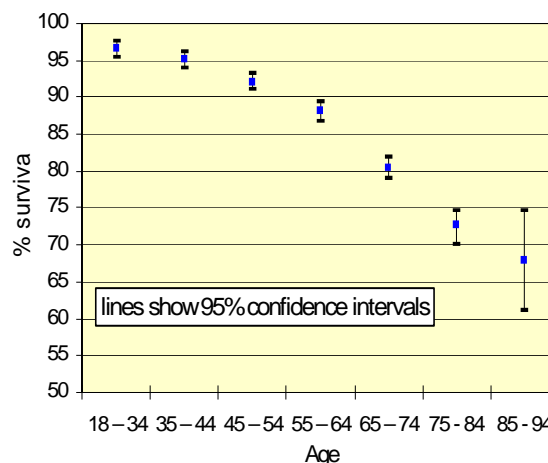


Figure 5.10. Use of connect and automated PD as a percentage of total PD

than even the younger non-diabetic patients on dialysis and the data are shown in Table 5.14. The one year death rate for prevalent dialysis patients is 15.0 per 100 patient years (95% CI 14.3 – 17.8).

**Table 5.13. Types of peritoneal dialysis in UK (National Review)**

|                   | Eng  | W    | Scot | N I  | UK   |
|-------------------|------|------|------|------|------|
| CAPD disconnect % | 74.2 | 78.2 | 47.9 | 32.5 | 72.0 |
| APD/CCPD %        | 23.9 | 19.2 | 47.3 | 65.0 | 25.8 |
| CAPD connect %    | 0.2  | 1.6  | 4.8  | 1.3  | 0.6  |
| IPD %             | 1.6  | 0.8  | 0.0  | 1.3  | 1.5  |



**Figure 5.11. One year survival of prevalent dialysis patients by age group**

**Table 5.14. One year survival of established prevalent RRT patients in England and Wales**

| Patient group                   | No. of patients | No. of deaths | KM survival | KM 95% CI. |
|---------------------------------|-----------------|---------------|-------------|------------|
| <b>Transplant patients 2002</b> |                 |               |             |            |
| Censored at dialysis            | 9285            | 215           | <b>97.6</b> | 97.3-98.0  |
| Not censored at dialysis        | 9285            | 235           | <b>97.5</b> | 97.1-97.8  |
| <b>Dialysis patients 2002</b>   |                 |               |             |            |
| All 1/1/2001 (2 year)           | 9121            | 1339          | <b>84.3</b> | 83.3-85.3  |
| All 2002                        | 12484           | 1683          | <b>86.1</b> | 85.5-86.7  |
| All age <65                     | 5809            | 544           | <b>92.1</b> | 91.5-92.7  |
| All age =>65                    | 4619            | 1091          | <b>77.1</b> | 75.9-78.3  |
| Non-diabetic <55                | 3036            | 165           | <b>94.2</b> | 93.3-95.0  |
| Non-diabetic 55-64              | 1635            | 189           | <b>87.9</b> | 86.3-89.6  |
| Non-diabetic 65-74              | 2051            | 401           | <b>80.1</b> | 78.4-81.9  |
| Non-diabetic =>75               | 1624            | 439           | <b>72.9</b> | 70.7-75.1  |
| Non-Diabetic <65                | 4678            | 354           | <b>92.0</b> | 91.2-92.8  |
| Diabetic <65                    | 906             | 159           | <b>81.7</b> | 79.1-84.2  |
| Non-Diabetic =>65               | 3678            | 840           | <b>76.9</b> | 75.5-78.3  |
| Diabetic =>65                   | 602             | 171           | <b>71.5</b> | 67.9-75.1  |

Cohorts of patients alive 1/1/2002 unless indicated otherwise

### Survival of Patients Established on RRT by Centre

The unadjusted survival of prevalent dialysis patients alive on 1/1/2002 is shown for each centre on the Registry in Figure 5.12. Survival has again been censored at the time of transplantation. The age adjusted analysis is shown in Figure 5.13. Although there is a significant difference in the unadjusted survival between centres ( $p < 0.0001$ ) this is not significant after adjusting for age. In Figure 5.14, the plot of unadjusted Z-scores (see Appendix B for statistical explanation) clearly shows that some centres fall outside

the 95% confidence limits, with some below the line (worse survival) and some above the line (better survival). After adjustment for age (Figure 5.15) all the centres fall within the 95% confidence limits. These data have not been adjusted for the presence of co-morbidity and so the centre anonymity has been retained. Figures 5.15 and 5.16 show the data separated by those aged less than 65 years and those aged over 65 years.

The median age of death for patients on dialysis ranged from 67.0 to 76.3 years by centre and this may reflect the local age spread and co-morbidity of the general population.

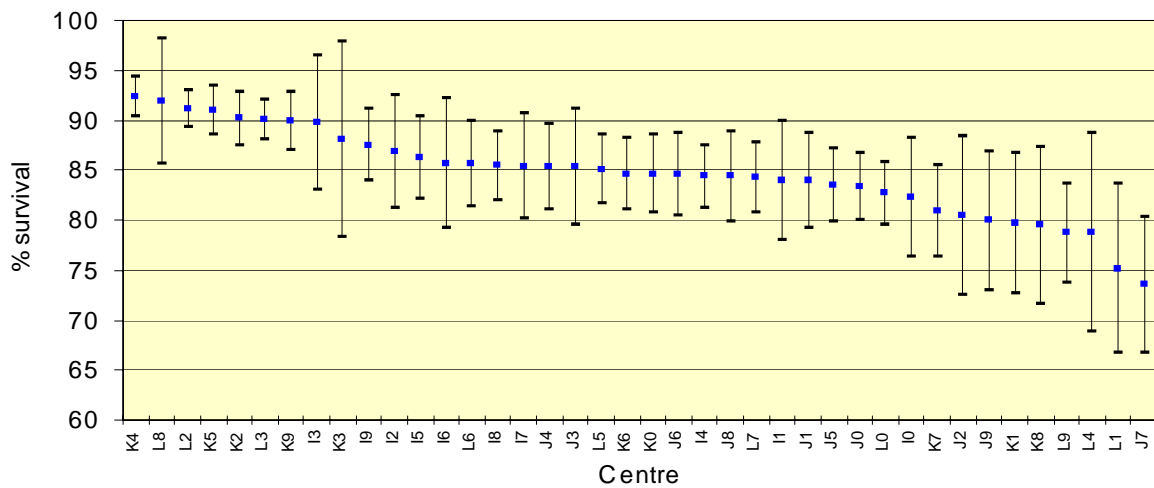


Figure 5.12. One year unadjusted survival of prevalent dialysis patients by centre

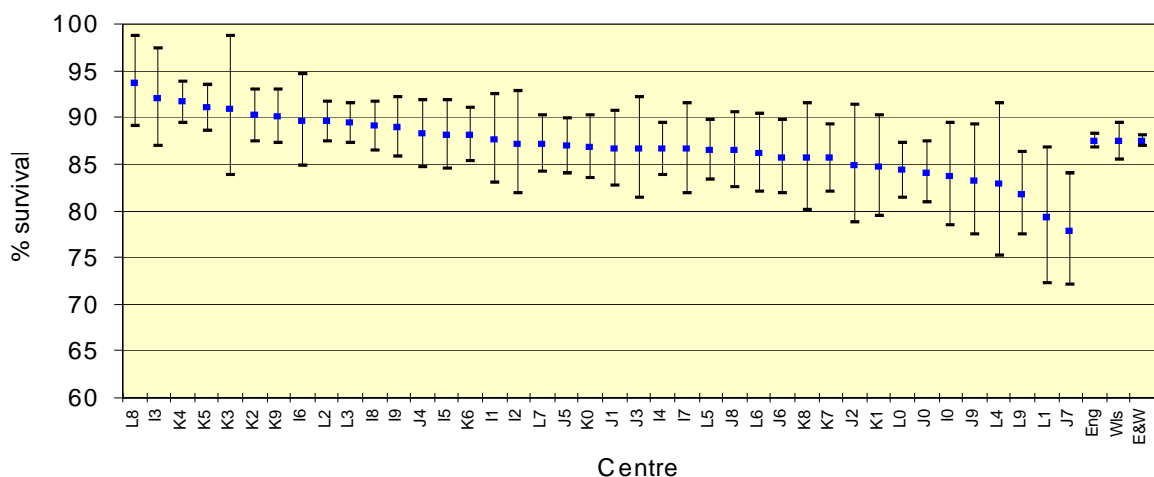
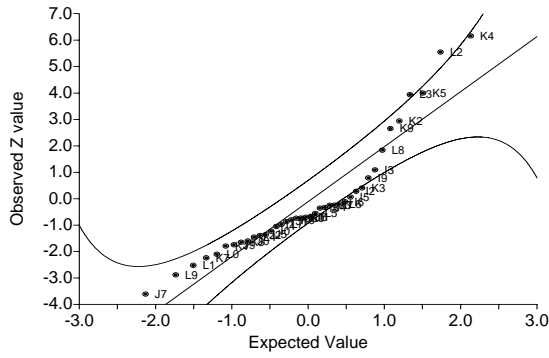
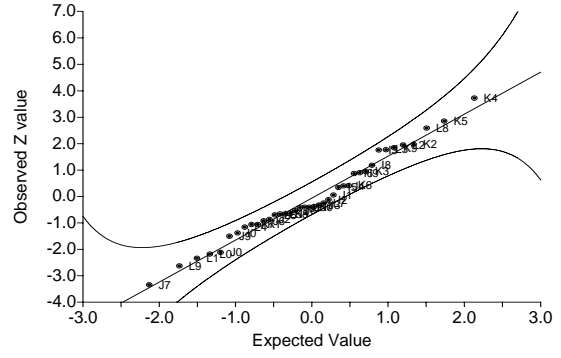


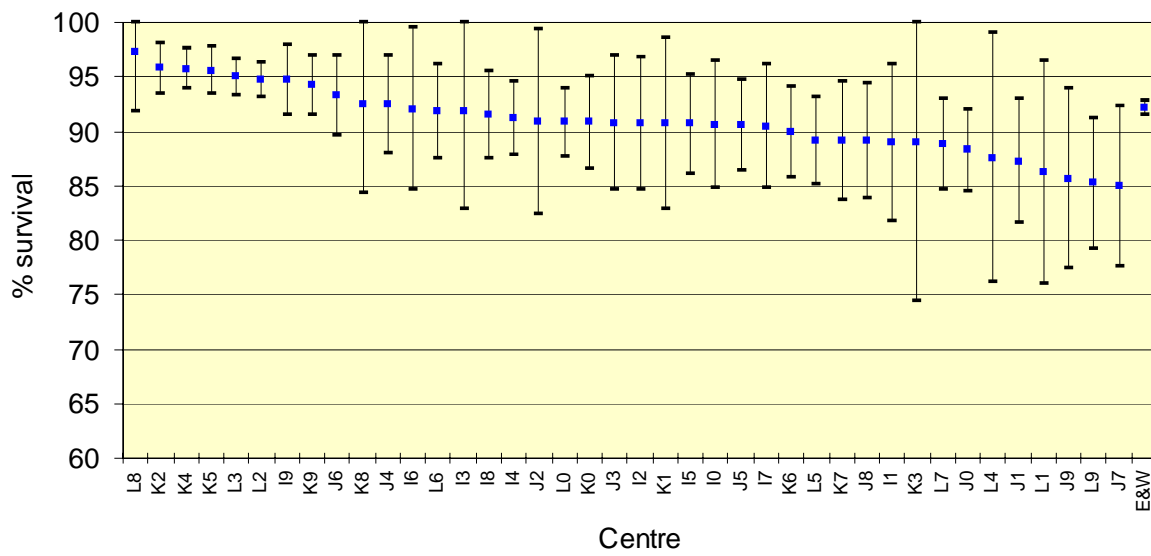
Figure 5.13. One year adjusted (age 60) survival of prevalent dialysis patients by centre



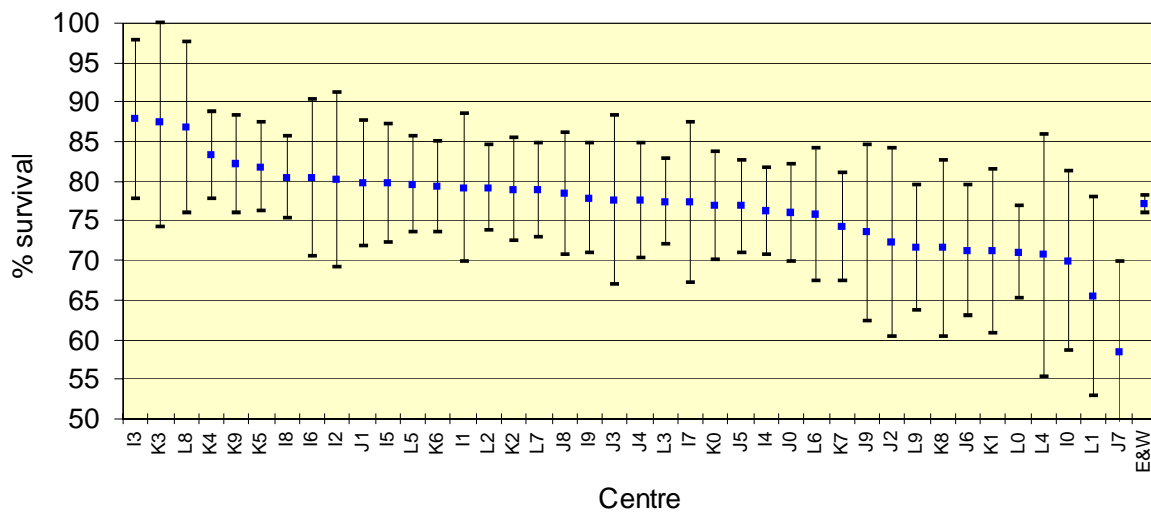
**Figure 5.14. Un-adjusted Z scores of 1 year prevalent dialysis survival**



**Figure 5.15. Adjusted Z scores of 1 year prevalent dialysis survival**



**Figure 5.16. One year survival of prevalent dialysis patients aged <65 years by centre**



**Figure 5.17. One year survival of prevalent dialysis patients aged 65+ years by centre**

### Seasonal variation in deaths of prevalent patients on renal replacement therapy

There has been no previous literature on seasonal variations in deaths on renal replacement therapy. Understanding of the reasons for the fluctuation in these seasonal deaths would assist in looking for avoidable causes of death.

### Deaths in the general population

Data from the Office for National Statistics show a seasonal fluctuation in deaths in the general population, with a peak of deaths occurring in January. In Figure 5.18, there is a slightly higher percentage of the annual deaths occurring in females in this month than males (12.3% v 11.6%). The pattern is similar for the years 2000 and 2001.

The deaths in the general population over 3 years have been averaged by month and adjusted to a standardised mortality ratio. This shows a similar pattern, with a peak in January which appeared to be more marked in females although this was not significant ( $p = 0.75$ ).

The average monthly temperatures in England & Wales (Figure 5.19) have been plotted against the standardised mortality ratios for each month during the period 1998 – 2000. There is an exponential inverse relationship (Figure 5.20) between average monthly temperature and the monthly standardised mortality ratios ( $\log \text{SMR} = 2.23 - 0.24x \log \text{temp}$ ,  $p < 0.0001$ ).

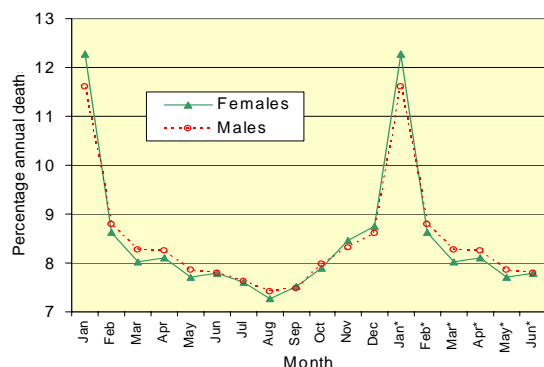


Figure 5.18. England & Wales population, percentage of deaths by gender, 2000

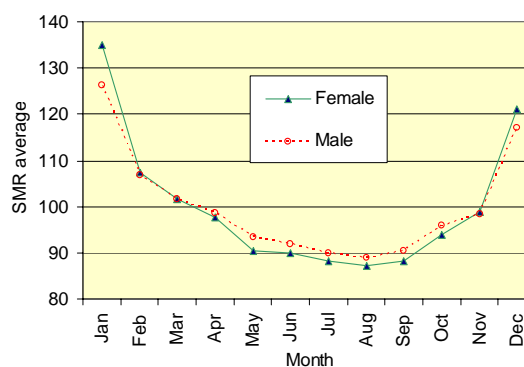


Figure 5.19. England & Wales population, SMR and month and gender, 1998 -2000

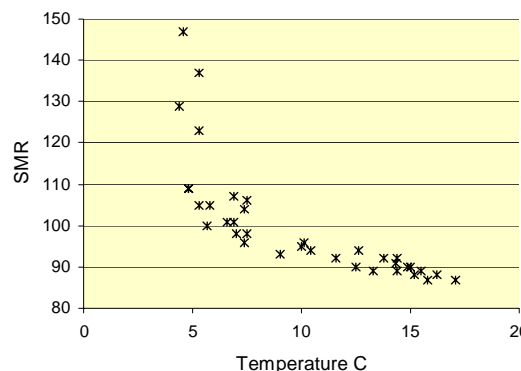


Figure 5.20. England & Wales population, monthly temperature and SMR, 1998 -2000

### Deaths on renal replacement therapy

#### Deaths by month

In contrast with the general population, deaths on renal replacement therapy peak in December rather than January (Figure 5.21). The data were analysed by causes of death. The percentage of the monthly deaths that were due to a cardiac cause did vary, with the lowest at 27% throughout the spring and summer months April to August, compared with 33% in the winter months. The overall chi squared test for seasonal differences between causes of death was significant ( $p = 0.015$ ). The data showed no monthly variation in treatment withdrawal.



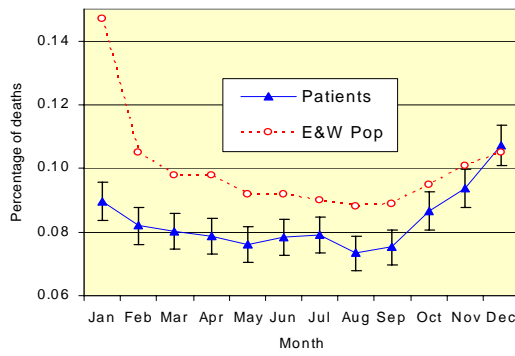


Figure 5.21. Deaths on RRT by month

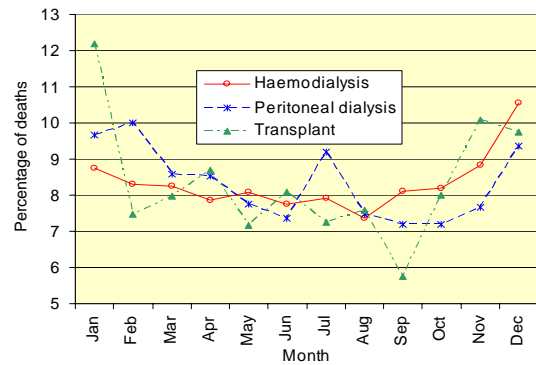


Figure 5.23. Deaths on RRT by month and treatment modality

*Deaths by age group*

The December peak of deaths (Figure 5.22) was similar for all the three age bands of 18 – 64, 65 – 74 and 75+ ( $p = 0.53$ ).

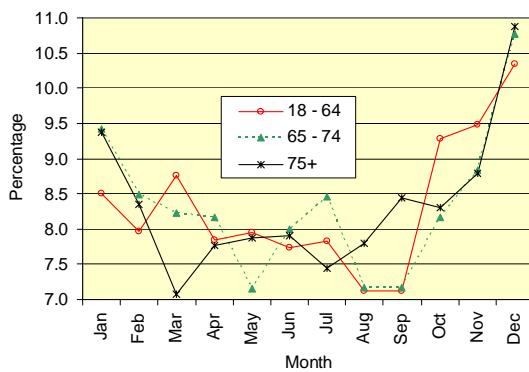


Figure 5.22. Deaths on RRT by month and age band

*Deaths by modality*

When analysed by modality, unlike dialysis patients, transplant patients have a similar monthly pattern of death to that of the general population (Figure 5.23). The increase in deaths in the haemodialysis population starts in November and peaks in December. In contrast deaths in the peritoneal dialysis population remain high for the 3 months throughout December to February, and also possibly peak again in July. The difference in deaths between modalities was significant ( $p = 0.05$ ).

**Discussion**

In the general population the winter increase in deaths from cardiac causes is known to peak 2 weeks earlier than those from pneumonia. It is tempting to speculate that the earlier peak in deaths on dialysis compared with that of the general population may be due to a cardiac peak, as the main cause of death in the dialysis population is cardiac disease (31% of deaths see Chapter 18). However, transplant deaths do not peak early, and cardiac deaths are also the largest cause of death in the transplant population (37%) with infection accounting for 19% of deaths (18% in the dialysis population). The peritoneal dialysis population has a more general spread of deaths throughout the winter. Further analyses are being undertaken and comparative data with other countries are required.

