## AREYOUA KIDNEY PATENT?

PROTECT YOURSELF THIS WINTER



**BOOK YOUR COVID BOOSTER & FLU JAB TODAY** 

Being fully vaccinated is an important defence against you becoming severely ill with Covid or flu.

Book your Covid booster online, or phone 119 and ask at your local pharmacy for the flu jab.



If you need further advice speak with your healthcare professional.







PROTECT YOURSELF • STAY CAUTIOUS • SEEK ADVICE











